

WESTMINSTER

WINTER 2013

January
February
March

See us at: www.westminster-ca.gov

City Newsletter and Recreation Guide



The City of Westminster &
the Westminster City Council invite you to the

Tree Lighting Ceremony & Holiday Community Sing

*Visit with Santa
during the event*

Monday, December 3rd
6:30 p.m.

Westminster Civic Center Sunken Gardens
8200 Westminster Blvd.
(714) 895-2860 www.westminster-ca.gov

Please bring canned goods to donate to those in need this
holiday season. Dress warmly, event will be held outdoors.



Holiday Home Decorating Display



Westminster's neighborhoods are full of beautifully decorated
homes for the holiday season. Add your address to the list of
festive homes adorned with personal touches of Christmas.
To add your home to the Holiday Home Decorating Display list
please submit by email a digital photo of your home and
your address to csronline@westminster-ca.gov

Addresses will be listed on the website after December 11th
for the community to enjoy at their leisure. You can start a new
Holiday tradition with a drive around the city enjoying the
best Christmas Displays in Westminster.

For more informatin call 714-895-2860 or for a list of addresses
visit our website at www.westminster-ca.gov



Breakfast with Santa



Saturday, December 8th
9:00 - 10:30am

Community Services Building
East/West Room
8200 Westminster Blvd.

\$7.00 per person
(adults & children over 2 years)

Register Early! Space is Limited!
Please call 714.895.2860 for more information or register
online at www.activenet.active.com/westminster

2013 Rose Parade

"Oh, the Places You'll Go!"

Tuesday, January 1, 2013
6:00 a.m. - 2:00 p.m.
\$90.00 per ticket

Reservations are available on a limited, first
come, first served basis. For more details, please
call the Westminster Community Services &
Recreation Department at (714) 895-2860 or
register online at www.activenet.active.com/westminster

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**Scan here to
register for
classes!**

Class Reminders

1. Most recreation classes will begin the week of January 7.
Please check your starting date carefully.
2. Classes may be cancelled if minimum enrollment is not met prior to class starting date. Don't miss out!

BE SURE TO REGISTER EARLY!

WINTER HIGHLIGHTS

November 26

Winter Class Registration Begins

December 3

Holiday Tree Lighting Ceremony

December 8

Breakfast with Santa

December 11

Holiday Home Decorating Display
Online

December 24- January 1

City Offices Closed

January 1, 2013

Rose Parade Excursion

February 11

Watch out for Spring Brochure

February 18

Presidents' Day

City of Westminster



Internet access to

Westminster City Council Meetings

Check the city's website at www.westminster-ca.gov for information about viewing live and archived City Council meetings. If you have Internet access, you can follow the meeting live with a video stream on your computer. You will also have access to an archive of recent City Council meetings if you are interested in viewing a particular meeting segment along with meeting agendas and minutes.

City of Westminster Winter 2013

www.westminster-ca.gov

Council Thoughts ~ Winter

As we put another year behind us and say hello to 2013, we can't help but to touch upon the past and take a look ahead. This year, again, has proven to be challenging for the City of Westminster as we continue to contend with a slow economic recovery, as well as continued raids on local funds by the State of California. The Mayor and City Council are proud to say that our residents, business community and City staff have pulled together during these difficult times.

In spite of these challenges, we have turned an important corner. New businesses, including Orange Coast Infiniti and McMahon RV are undergoing million dollar renovations, showing their long term commitment to Westminster. New restaurants Chipotle, Chick-fil-A and T.G.I. Friday's will soon open new locations in town and small businesses are starting to add new employment opportunities, as we are beginning to see the first signs of growth in quite a while. These are all signs of an improving economy and an improving outlook for our community.

Also, with the use of grant funding, City facilities are also being renovated to better serve our community. The Senior Center will see their kitchen modernized and completely remodeled in early 2013. The Family Resource Center will also get a much needed makeover next year. Both projects will improve operations at both locations.

As part of their commitment to the community, the Mayor and City Council have directed staff to continue an evaluation of services that are being provided and to bring forward ideas on how to improve them. We will continue to strive to maintain an environment that can help businesses grow, while ensuring a safe environment for our residents. We intend to continue to improve upon our past successes and constantly evaluate better ways to serve this community. As always, we are open to your suggestions. Please join us in moving this City forward in the upcoming year.

And finally, by the time this brochure hits your mailbox, the election season will be over and we will have new faces on our City Council. There are big shoes to fill as we wish Mayor Margie L. Rice a happy retirement and say goodbye to Council Member Frank G. Fry. Mayor Rice retires at the end of her term after serving as Mayor since 2000. Her list of accomplishments is long and her commitment to the great City of Westminster is deep. Council Member Fry retired October 31, 2012 and unfortunately passed away peacefully on November 4, 2012. Council Member Fry was first elected to the City Council in 1966 and has been instrumental in the development of Westminster over the last 46 years. Our community appreciates their support and dedication to our great City.

To watch WTV-3 on the City's website www.westminster-ca.gov, click the Cool Click on the homepage, or find WTV-3 in the Community Services tab!



CITY OF WESTMINSTER WESTMINSTER CITY HALL

8200 Westminster Blvd.
Monday – Thursday 7:30 a.m. - 5:30 p.m.
Friday 7:30 a.m. - 4:30 p.m.
Closed alternate Fridays
(714) 898-3311

CITY COUNCIL

Meetings are held the
2nd & 4th Wednesdays
of the month in the
Council Chambers
at 7:00 p.m.
8200 Westminster Blvd.

Margie L. Rice
MAYOR
(714) 548-3183
(714) 893-1732

Tri Ta
MAYOR PRO TEM
(714) 548-3179

Tyler Diep
COUNCIL MEMBER
(714) 548-3181

Andy Quach
COUNCIL MEMBER
(714) 548-3182

Eddie Manfro
CITY MANAGER
(714) 548-3172

ELECTION DISCLAIMER

The Mayor and City Council Members that appear in this brochure, are the present incumbents. Newly elected Officials that are elected in the upcoming election, will be updated in the Spring 2013 issue of this brochure.



**Scan here to Like
Us on Facebook!**

COMMUNITY SERVICES & RECREATION DEPARTMENT

8200 Westminister Boulevard
Monday – Thursday • 7:30 a.m. – 5:30 p.m.
Alternate Fridays • 7:30 a.m. – 4:30 p.m.

RECREATION PROGRAMS

FACILITY RENTALS

(714) 895-2860

SENIOR CENTER

(714) 895-2878

DAMAGE TO PARKS/GRAFFITI HOTLINE

(714) 895-2876

COMMUNITY SERVICES & RECREATION COMMISSION

Penny Loomer, Chairperson

Leo Lopez

Nhi Ho

Jacko Luong

Gia Ly

COMMUNITY SERVICES & RECREATION DEPARTMENT STAFF

Community Services Director

Diana Dobbert

Senior Services Supervisor

Claire Hutchinson

Community Services Supervisor

Vanessa Johnson

Family Resource Center Supervisor

Susanna Herrera

Community Services Coordinators:

Stacy Yoshida – Sports

Pam Gremling – Special Events

The City of Westminister does not discriminate on the basis of race, color, national origin, sex, religion, age, or handicapped status in employment or the provision of services.



BREAKFAST WITH SANTA

Saturday, December 8

9:00 a.m. – 10:30 a.m.

You'd better watch out because Santa is making a special trip to Westminister. On Saturday, December 8, Santa will arrive to delight and entertain at this traditional event. Children must be accompanied by an adult. The cost is \$7.00 for children and adults and includes breakfast, crafts, a visit from Santa Claus and a small stocking for each child. Adults are encouraged to bring their cameras to capture these holiday memories.

SPACE IS LIMITED, SO PLEASE REGISTER EARLY!!!

For more information, please call (714) 895-2860.

8010.401 \$7.00 – Adults & Children (2+)

ROSE PARADE EXCURSION

On **Tuesday, January 1, 2013**,

celebrate the New Year with the 124th Rose Parade. This year's theme, "Oh, the Places You'll Go!" promises to bring even more creativity with

flowers, music, equestrian units and lots of animation from all over

the world. Fee includes transportation on a luxury coach bus, convenient parking, and reserved grandstand seats. Reservations are now available on a limited, first-come, first-served basis.

Date: Tuesday, January 1, 2013

Age: Adult (under 18 must be accompanied by an adult)

Time: 6:00 a.m. – 2:00 p.m.

Cost: \$90.00 - (Activity #: 7010.401)

Refund Policy: Sorry, no refunds on the Rose Parade excursion, unless your space is filled by another registrant. The bus leaves from 8200 Westminister Blvd., where ample parking is available.



www.westminister-ca.gov

Special Events

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Youth Sports Contacts

American Youth Soccer Organization (AYSO)

Region 5 • (714) 367-4691 • www.ayso5.org
 Region 143 • (877) 976-6333 • www.ayso143.org

Westminster Little League

(714) 894-1578 • www.westminsterlittleleague.org

District 62 Challenger

(714) 610-8295 • www.eteamz.com/district62challenger/

National Junior Basketball (NJB)

(714) 765-6567 • www.njbl.org

Westminster Midway City Junior All-American Football

(714) 299-7619 • www.eteamz.com/wmclions2010

Southern California Premier Soccer Academy

(866) 450-1674 • www.socalpremiersoccer.com

Youth Sports

SOCCER STARS

Kick into a fun time and learn the basic fundamentals of soccer. Learn to dribble, pass, shoot, and defend. Program will cover aspects of defensive and offensive play. Participants should dress in comfortable clothes and tennis shoes (no cleats). No practice 2/18.

Instructor: Recreation Staff Ages: 8-10 yrs
 Fee: \$20.00 (Includes T-shirt) Length: 8 wks
 #6010.101 Liberty Park M 1/21-3/18 3:30-4:30 p.m.



"For my son that has Autism this worked out great for him and myself. The staff really helped my son and was very patient with him and his disability. Thank you very much. We will be doing soccer again."

– parent, Summer 2012

TEEN SOCCER

Teens will learn the basics of soccer or improve their skills. Fundamentals including ball handling, position play, and team strategies will be emphasized in this program. Participants should dress in comfortable clothes and tennis shoes (no cleats). No practice 2/18.

Instructor: Recreation Staff Ages: 11-14 yrs
 Fee: \$20.00 (Includes T-shirt) Length: 8 wks
 #6010.102 Sigler Park M 1/21-3/18 3:30-4:30 p.m.

TEEN HOOPSTERS

Teens will learn the fundamentals of basketball or improve their skills. Fundamentals such as passing, dribbling, shooting, teamwork, and defense will be included. No practice 2/19.

Instructor: Recreation Staff Ages: 11-14 yrs
 Fee: \$20.00 (Includes T-shirt) Length: 8 wks
 #6010.103 Liberty Park Tu 1/22-3/19 3:30-4:30 p.m.

PEE-WEE HOOPSTERS

Participants will learn the beginning fundamentals and basic skills of basketball. Coaches will teach techniques that will help improve the children's abilities while having fun learning the sport. Games will be played on the last two Saturday mornings of the program - March 16 and March 23 (location and time to be determined). No practice 2/20.

Instructor: Recreation Staff Ages: 5-7 yrs
 Fee: \$20.00 (Includes T-shirt) Length: 8 wks
 #6010.104 Bolsa Chica Park W 1/23-3/20 3:45-4:30 p.m.
 #6010.105 Liberty Park W 1/23-3/20 3:45-4:30 p.m.



YOUTH HOOPSTERS

This is a non-competitive program designed for recreational play. Coaches will teach the fundamentals of the sport, emphasizing teamwork, passing, dribbling and shooting. Games will be played on the last two Saturday mornings of the program - March 16 and March 23 (location and time to be determined). No practice 2/21.

Instructor: Recreation Staff Ages: 8-10 yrs
 Fee: \$20.00 (Includes T-shirt) Length: 8 wks
 #6020.101 Bolsa Chica Park Th 1/24-3/21 3:30-4:30 p.m.
 #6020.102 Sigler Park Th 1/24-3/21 3:30-4:30 p.m.

LIL' KICKERS

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Participants should dress in comfortable clothes and tennis shoes (no cleats). No practice 2/22.

Instructor: Recreation Staff Ages: 5-7 yrs
 Fee: \$20.00 (Includes T-shirt) Length: 8 wks
 #6020.103 Liberty Park F 1/25-3/22 3:45-4:30 p.m.

TEEN FLAG FOOTBALL

Teens will develop their playing skills, learn the rules of the game, build teamwork, engage in social interaction, build character and make new friends. No practice 2/22.

Instructor: Recreation Staff Ages: 11-14 yrs
 Fee: \$20.00 (Includes T-shirt) Length: 8 wks
 #6020.104 Sigler Park F 1/25-3/22 3:30-4:30 p.m.

CLUB WESTMINSTER WINTER PARKS PROGRAM

The City of Westminster's After School Parks Program, Club Westminster, is a drop-in recreational program that offers supervised activities for children 6 years and older. Children can participate in sports, games, crafts and many other activities. The parks listed are open Monday through Friday from 2:30 to 5:00 p.m.

BOLSA CHICA PARK, 13660 University St., Phone (714) 897-5911
 LIBERTY PARK, 13900 Monroe St., Phone (714) 412-2617
 SIGLER PARK, 7200 Plaza St., Phone (714) 715-0262

SPECIAL WINTER VACATION SCHEDULE

The after school parks program will be extending their hours during winter break at the sites listed above. Park hours will be from 10 a.m. to 4 p.m. during winter vacation, weekdays only, beginning Monday, December 24 and ending Friday, January 4. (Parks will be closed Tuesday, December 25 and Tuesday, January 1.)

City of Westminster



JOIN US ON
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Academics

ITALIAN SUPREME

NEW

Join us for an 8 week adventure to learn some of the basics of the beautiful Italian language. You'll be able to use some everyday life vocabulary needed to communicate while traveling in Italy. It will help you to get by at a "survival level" of proficiency. Imagine the fun you will have learning Italian songs, exploring the culture, preparing a Cucina Italiana recipe. La Vita E Bella! **\$5 material fee for worksheets and handouts.**

Instructor: CALINK Institute Staff Age: 16+ yrs
 Fee: \$130 (+material fee) Length: 8 wks
 Location: Fountain Valley Senior Center Min: 5 Max: 15
 #0000.101 Tu 1/15-3/5 6:00-7:00 p.m.



SPANISH FOR CHILDREN

Learning a foreign language opens a window of opportunity for your child especially when they can explore it at an early age, it puts them ahead of the rest! Children will be introduced to greetings, colors, numbers, shapes, and animals through vocabulary and bingo games in a fun and easy way. Explore the language learning path with hands on activities and projects. The course will focus on four areas of language acquisition: reading, writing, listening, and speaking. For more information, email alimig@cox.net. **\$5 material fee.**

Instructor: CALINK Institute Staff Age: 6-12 yrs
 Fee: \$130 (+material fee) Length: 8 wks
 Location: Fountain Valley Senior Center Min: 5 Max: 15
 #0000.102 Tu 1/15-3/5 5:00-6:00 p.m.

LEARN SPANISH LEVEL 1 & TUTORING

Learn Spanish with this innovative course that emphasizes vocabulary method development. Gradually acquire basic communication skills through listening and speaking at a "survival level" of proficiency. This class will help non-natives increase their potential for long-term career success by learning oral and written communication skills in Spanish. Recommended workbook: "Exploring Spanish Second Edition" ISBN 0-8219-2404-4. Available online. For more information e-mail alimig@cox.net. **There will be a \$5 material fee due to the instructor which includes a folder of worksheets and handouts.**

Instructor: CALINK Institute Staff Age: 14+ yrs
 Fee: \$130 (+material fee) Length: 8 wks
 Location: Fountain Valley Senior Center Min: 5 Max: 15
 #0000.103 Tu 1/15-3/5 7:00-8:00 p.m.

I SPEAK CHINESE (For Age 3-5)

Like learning a native language, children apply words learned to real-life situations and start speaking Chinese immediately. Class incorporates fun and culturally enriching songs, dances, rhymes, games, puppet shows, and arts and crafts. Language is best acquired by experiencing through it.

\$10 material fee due to the instructor on the first day of each session. Parent participation is required. The session is 6 weeks.

Instructor: OC First Language Academy Age: 3-5 yrs
 Fee: \$88 (+ material fee) Length: 6 wks
 Location: Fountain Valley Recreation Center Min: 3 Max: 15
 #0000.104 F 2/8-3/15 3:30-4:15 p.m.

I SPEAK CHINESE (For Age 6-12)

Students develop understanding of Chinese language and culture with themes relevant to their daily lives. Class incorporates fun and culturally enriching songs, rhymes, games, and crafts. Students learn simple writing and interesting tidbits about the origin and evolution of Chinese characters. **\$10 material fee due to the instructor on the first day of class.**

Instructor: OC First Language Academy Age: 6-12 yrs
 Fee: \$88 (+ material fee) Length: 6 wks
 Location: Fountain Valley Recreation Center Min: 3 Max: 15
 #0000.105 F 2/8-3/15 6:00-6:45 p.m.

OC FIRST CHINESE AFTER SCHOOL PROGRAM

This program provides a fun, loving, and educational environment to school-aged children. Students practice Chinese with native speakers through a variety of games, songs, dances, arts and crafts, as well as cultural activities. The interaction with native speakers will encourage and enable children to speak Chinese right away. **Materials fee of \$25 is due to the instructor on the first day of class. Be sure to bring a healthy snack. No class 2/18.**

Instructor: OC First Language Academy Age: 6-15 yrs
 Fee: \$568/M,W,F (+ material fee) Length: 9 wks
 \$388/ W, F or Tu, Th (+material fee)
 Location: Fountain Valley Recreation Center Min: 3 Max: 15
 #0000.106 M,W,F 1/21-3/22* 2:30-5:30 p.m.
 #0000.107 W,F 1/23-3/22* 2:30-5:30 p.m.
 #0000.108 Tu,Th 1/22-3/21 2:30-5:30 p.m.
 *No class on 2/18.

OC FIRST CHINESE BILINGUAL PRESCHOOL

This fun-filled, activity packed program is designed to engage children through games, rhymes, songs, dancing, storytelling, and arts and crafts. The immersion approach and interaction with native speakers will encourage and enable children to speak Chinese right away. Children must be fully toilet trained. Proof of age is necessary at time of registration. **\$25 material fee due to the instructor on the first day of class. Be sure to bring a healthy snack. No class on 2/18. Parent participation is optional.**

Instructor: OC First Language Academy Age: 3-5 yrs
 Fee: \$568/ M,W,F (+material fee) Length: 9 wks
 \$388/ W, F or Tu, Th (+material fee)
 Location: Fountain Valley Recreation Center Min: 3 Max: 15
 #0000.109 M,W,F 1/21-3/22* 2:00-5:00 p.m.
 #0000.110 W,F 1/23-3/22* 2:00-5:00 p.m.
 #0000.111 Tu,Th 1/22-3/21 2:00-5:00 p.m.
 *No class on 2/18.

**Parks
 Make
 Life
 Better!** SM

Arts & Crafts

MOMMY & ME ART TIME

NEW

Explore a variety of art materials and fire up your child's imagination. Hands-on projects may include painting, drawing, printmaking, clay sculpture, and much more! Come and enjoy a special creative time with your little artist. All materials and aprons are provided. **There will be a \$20 material fee due to the instructor at the first class.**

Instructor: Lucia Y. Henry Age: 3-5 yrs +parent
 Fee: \$65 (+ material fee) Length: 5 wks
 Location: WCSB Craft Room Min: 7 Max: 12

#1000.101 M 1/7-2/11* 2:30-3:15 p.m.
 *No class on 1/21.

ART EXPLORATIONS

NEW

In this beginning art class, students will combine fun drawing exercises and creative painting projects to build skills in young artists. The different elements of art will be introduced through a variety of media such as acrylics on canvas, pastels, charcoal, watercolors, and more. Emphasis is placed on techniques as students explore the work of famous artists and create their own. First class: a clay project! All materials and aprons will be provided. **There will be a \$20 material fee due to the instructor at the first class.**

Instructor: Lucia Y. Henry Age: 6-12 yrs
 Fee: \$71 (+ material fee) Length: 5 wks
 Location: WCSB Craft Room Min: 8 Max: 21

#1000.102 M 1/7-2/11* 3:30-4:45 p.m.
 *No class on 1/21.

Register for your favorite Art program NOW!

REGISTER ONLINE FOR
ART PROGRAMS

BENEFITS OF ART CLASSES

Creativity/Imagination
 Concentration
 Coordination
 Achievement
 Follow Through

REGISTER NOW

www.activenet.active.com/westminster

ART: FUN DRAWING AND PAINTING for TEENS & ADULTS!

Maximize your time! This great class is designed for beginners and intermediate students who would like to learn how to improve their drawings and paintings. Color theory, drawing skills, and elements of art will be incorporated. **Note: Please ask for the materials list when registering for this class in person, or download list if registering online, and bring all materials to the first class meeting.**

Instructor: Pati Kent Age: 12+ yrs
 Fee: \$68 Length: 4 wks
 Location: WCSB Craft Room Min: 3 Max: 20

#1000.103	W	1/9-1/30	1:15-2:45 p.m.
#1000.104	W	2/6-2/27	1:15-2:45 p.m.
#1000.105	W	3/6-3/27	1:15-2:45 p.m.

ART: PENCILS, PAINTS, PASTELS, AND MORE!

Join the fun as Pati Kent teaches children ways to improve their drawing and painting skills in a creative and supportive environment. Learn color theory, basic drawing skills, while incorporating art elements. Students will have the opportunity to include their work in an art show. **Note: Please ask for the materials list when registering for this class in person, or download list if registering online, and bring all materials to the first class meeting.**

Instructor: Pati Kent Age: 7-12 yrs
 Fee: \$48 Length: 4 wks
 Location: WCSB Craft Room Min: 3 Max: 20

#1000.106	W	1/9-1/30	3:00-4:00 p.m.
#1000.107	W	2/6-2/27	3:00-4:00 p.m.
#1000.108	W	3/6-3/27	3:00-4:00 p.m.

ART: ESSENTIAL CARTOONING

Have a fun time learning how to draw characters including classic cartoons, caricatures and Japanese anime. **There will be a \$25 material fee due to the instructor which covers all supplies.**

Instructor: Pati Kent Age: 7-12 yrs
 Fee: \$30 (+material fee) Length: 3 wks
 Location: WCSB Craft Room Min: 3 Max: 20

#1000.109	W	1/9-1/23	4:15-5:15 p.m.
#1000.110	W	1/30-2/13	4:15-5:15 p.m.
#1000.111	W	2/20-3/6	4:15-5:15 p.m.
#1000.112	W	3/13-3/27	4:15-5:15 p.m.

PRE-SCHOOL PLAY & PRACTICE

Imagine your child learning activities like award-winning children's literature, arts and crafts, songs and many more fresh new ideas. Each class is based on a different theme and includes cutting, pasting, coloring and more importantly, interacting with other children. **A \$5 material fee will be due to the instructor at the first class.**

Instructor: Miss Dawna

Age: 2-5 yrs

Fee: \$54 (+material fee)

Length: 6 wks

Location: Garden Grove Sport
& Rec. Center

Min: 10 Max: 20

#1000.113 Sa

1/12-2/23*

9:20-10:00 a.m.

*No class on 2/9.



City of Westminster



JOIN US ON

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Dance



ZUMBA GOLD

This format is designed for active seniors, but everyone is welcome! Join the party and improve balance, coordination, strength, and cardiovascular fitness. The fusion of Latin and International music will keep you moving to the beat for total mind and body conditioning!

Instructor: Joanne Prodomirski-Alvo Age: 13+yrs

Fee: \$60/All 12 weeks

Length: 12 wks

\$36/Any 6 Classes*

\$7/Any Single Class**

Location: WCSB Room A/B

Min: 8 Max: 50

#2000.101 F 1/4-3/22 10:30-11:15 a.m. (all 12 wks)

#2000.102 F 1/4-3/22* 10:30-11:15 a.m. (any 6 classes*)

#2000.103 F 1/4-3/22** 10:30-11:15 a.m. (any single session**)

*Any 6 classes or **any single session within the 1/4-3/22 time frame only.

ZUMBA

Join the party! You will have the time of your life dancing your way to fitness! Join us as we move to the music, learn new dance moves, burn calories, and tone our bodies.

Instructor: Joanne Prodomirski-Alvo Age: 13+yrs

Fee: \$60/All 12 weeks

Length: 12 wks

\$36/Any 6 Classes*

\$7/Any Single Class*

Location: WCSB Room A/B

Min: 8 Max: 50

#2000.104 F 1/4-3/22 11:30-12:15 p.m. (all 12 wks)

#2000.105 F 1/4-3/22* 11:30-12:15 p.m. (any 6 classes*)

#2000.106 F 1/4-3/22* 11:30-12:15 p.m. (any single session**)

*Any 6 classes or **any single session within the 1/4-3/22 time frame only.

BALLROOM, SWING, AND LATIN

COMBO!

Learn fun, easy patterns in Swing and Waltz in session 1, and Swing and Cha-Cha during session 2! Learn to dance to the music played at parties, night clubs, weddings, and cruises. No partner necessary.

Instructor: Efren Barrera Age: 14+ yrs
 Fee: \$43 Length: 5 wks
 Location: WCSB E/W Room Min: 4 Max: 30

#2000.107 Tu 1/8-2/5 6:00-7:00 p.m. (Swing & Waltz)
 #2000.108 Tu 2/12-3/12 6:00-7:00 p.m. (Swing & Cha-Cha)

SALSA 1 & 2 for ADULTS!

Salsa, the hot and spicy dance, lets you move to the Latin rhythms in today's club and party scene. Learn hot, beginner patterns in Salsa 1 and intermediate patterns in Salsa 2! Meet people, socialize, and show off your moves! No partner needed. For more information, call Efren Barrera at 714-595-4766.

Instructor: Efren Barrera Age: 14+ yrs
 Fee: \$43 Length: 5 wks
 Location: WCSB E/W Room Min: 4 Max: 30

#2000.109 Tu 1/8-2/5 7:00-8:00 p.m. (Salsa 1)
 #2000.110 Tu 1/8-2/5 8:00-9:00 p.m. (Salsa 2)
 #2000.111 Tu 2/12-3/12 7:00-8:00 p.m. (Salsa 1)
 #2000.112 Tu 2/12-3/12 8:00-9:00 p.m. (Salsa 2)

INTERMEDIATE LINE DANCING

Dancing is a great way to reduce stress and get fit while having fun. A study at the Albert Einstein Medical Center found dancing to be the only regular physical activity associated with a significant drop in the incidence of dementia, including Alzheimer's. Other studies have shown it to be helpful in the areas of memory, balance and cardiovascular fitness. It's done to all kinds of great music including top 40, waltzes, Latin, country, and disco. No partner needed. Intermediate (Level 3 and 4) dancers only.

Instructor: Suzy Hazard Age: 18+ yrs
 Fee: \$48 Length: 9 wks
 Location: WCSB E/W Room Min: 20 Max: 60

#2000.113 M 1/7-3/11* 9:30-11:30 a.m.
 *No class on 2/18.

HIP HOP MOMS

Come get a great workout and have fun shaking your booty while learning how to dance! You'll sweat like crazy in this hip hop dance class done to popular music and geared towards busy moms of all dance levels. **Dance attire:** Wear all black pants, tank and clean sneakers with non - marking soles. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Jaseida Mojica Age: Adult
 Fee: \$50 Length: 5 wks
 Location: Wespac Dance Center Min: 6 Max: 10

#2000.114 M 1/7-2/4 8:15-9:00 p.m.
 #2000.115 M 2/11-3/11 8:15-9:00 p.m.
 #2000.116 M 3/18-4/15 8:15-9:00 p.m.



HOT SALSA!

You don't have to be a professional dancer to look like one! Come get a great workout! Burn as many calories as running a few miles in this high energy packed dance class geared towards the beginner, but with enough spice to entice the advanced dancer. Learn exciting latin moves combined with belly exercises & funky hip hop style. Come shake it on the dance floor and...Let's dance! **Dance attire:** Wear all black pants, tank and clean sneakers with non - marking soles. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Jaseida Mojica Age: Teen/Adult
 Fee: \$50 Length: 5 wks
 Location: Wespac Dance Center Min: 6 Max: 10

#2000.117 Tu 1/8-2/5 8:00-8:45 p.m.
 #2000.118 Tu 2/12-3/12 8:00-8:45 p.m.
 #2000.119 Tu 3/19-4/16 8:00-8:45 p.m.

PEE WEE (INTRO TO DANCE)

LEVEL 1 & 2

Come learn the foundation for all dance styles in this combination of ballet & jazz. Have fun while listening to friendly children's music. **Dance attire:** Wear all ballet pink leotard, tights and ballet shoes. Student must be potty trained prior to taking class. **This is not a parent & me class so parents are encouraged to watch from the lobby. Must be invited by the instructor prior to taking Level 2.** For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Valerie Bartosch Age: 2-6 yrs
Fee: \$50 Length: 5 wks
Location: Wespac Dance Center Min: 6 Max: 10

#2000.120	Th	1/10-2/7	5:15-6:00 p.m.	(Level 1)
#2000.121	Th	2/14-3/14	5:15-6:00 p.m.	(Level 1)
#2000.122	Th	3/21-4/18	5:15-6:00 p.m.	(Level 1)
#2000.123	Th	1/10-2/7	6:00-6:45 p.m.	(Level 2)
#2000.124	Th	2/14-3/14	6:00-6:45 p.m.	(Level 2)
#2000.125	Th	3/21-4/18	6:00-6:45 p.m.	(Level 2)

BALLET LEVEL 3

This class will utilize ballet barre, center floor work and across the floor. Learn ballet positions in 1st-5th, jumps, tendue's, plie's, chaine's, pique's, pirouettes and leaps. A routine will be taught at the end of class. **Dance attire:** Wear pastel colored leotard (i.e. light pink, yellow, baby blue or lilac), ballet pink tights and pink ballet shoes, ballet skirt is optional. **Must be invited by the instructor prior to taking Level 3.** For more info visit our website at www.wespacdance.com or call 714-893-2623.



Instructor: Jaseida Mojica Age: 5-12 yrs
Fee: \$50 Length: 5 wks
Location: Wespac Dance Center Min.: 6 Max: 10

#2000.126	Tu	1/8-2/5	4:30-5:30 p.m.
#2000.127	Tu	2/12-3/12	4:30-5:30 p.m.
#2000.128	Tu	3/19-4/16	4:30-5:30 p.m.

TUMBLING

Learn beginning tumbling technique including splits, somersaults, cartwheels, roundoffs, back handsprings and leaps. A must take course for anyone looking to try out for a competitive cheerleading or dance team at any junior high school, high school, university or professional level. Abs, chest and arms will be toned in the class! **Tumbling attire:** Wear any color leotard with black ballet/jazz shorts and no shoes. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Susan Prough Age: 5-13 yrs
Fee: \$50 Length: 5 wks
Location: Wespac Dance Center Min: 6 Max: 10

#2000.129	F	1/11-2/8	4:45-5:45 p.m.
#2000.130	F	2/15-3/15	4:45-5:45 p.m.
#2000.131	F	3/22-4/19	4:45-5:45 p.m.

HIP HOP

Come learn the latest LA style Hip Hop dance moves as seen on television, film and videos. Get a great workout while learning how to dance! **Dance attire:** Wear all black pants, tank and clean sneakers with non-marking soles. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Jaseida Mojica Age: 5 yrs-Adult
Fee: \$50 Length: 5 wks
Location: Wespac Dance Center Min: 6 Max: 15

#2000.132	M	1/7-2/4	6:45-7:30 p.m.	(5-12 yrs.)
#2000.133	M	2/11-3/11	6:45-7:30 p.m.	(5-12 yrs.)
#2000.134	M	3/18-4/15	6:45-7:30 p.m.	(5-12 yrs.)
#2000.135	Th	1/10-2/7	6:45-7:30 p.m.	(Teen/Adult)
#2000.136	Th	2/14-3/14	6:45-7:30 p.m.	(Teen/Adult)
#2000.137	Th	3/21-4/18	6:45-7:30 p.m.	(Teen/Adult)

HULA

Learn the cultural dance of the Hawaiian and Tahitian Islands. This class is geared towards students who are looking to get a great workout while having fun. **Dance attire:** Wear black tank or leotard with black shorts or leggings and any color sarong is optional. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Valerie Bartosch Age: 5 yrs-Adult
Fee: \$50 Length: 5 wks
Location: Wespac Dance Center Min: 6 Max: 10

#2000.138	M	1/7-2/4	6:00-6:45 p.m.	(5-12 yrs.)
#2000.139	M	2/11-3/11	6:00-6:45 p.m.	(5-12 yrs.)
#2000.140	M	3/18-4/15	6:00-6:45 p.m.	(5-12 yrs.)
#2000.141	F	1/11-2/8	5:45-6:30 p.m.	(Teen/Adult)
#2000.142	F	2/15-3/15	5:45-6:30 p.m.	(Teen/Adult)
#2000.143	F	3/22-4/19	5:45-6:30 p.m.	(Teen/Adult)

BELLY DANCING

This class will focus on orientale/beledi technique, rhythms, finger cymbals, veil work and improvisations. Get a great low-impact, cardio workout while dancing to the beautiful middle-eastern beats. **Dance attire:** Wear black tank or leotard with black shorts or leggings and any color belly dancing hip scarf is optional, barefoot or ballet shoes are optional. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Rania Bossonis Age: Teen/Adult
 Fee: \$50 Length: 5 wks
 Location: Wespac Dance Center Min: 6 Max: 10

#2000.144	W	1/9-2/6	6:30 - 7:30 p.m.
#2000.145	W	2/13-3/13	6:30 - 7:30 p.m.
#2000.146	W	3/20-4/17	6:30 - 7:30 p.m.

OUR FIRST DANCE AS MR. & MRS.

Learn the basics of couples' dancing and look great on your wedding day. Your friends and family will be amazed! Even if you are not getting married and you are a guest or father of the bride, all couples are welcome to take this ballroom dance class which is a great way to prepare for any social event or special occasion. **Dance attire:** Ladies wear nice dress and heels and gentlemen wear collared shirt and nice slacks with dress shoes. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Jaseida Mojica Age: Adult
 Fee: \$100 per couple Length: 5 wks
 Location: Wespac Dance Center Min: 6 Max: 10

#2000.147	Tu	1/8-2/5	8:00-8:45 p.m.
#2000.148	Tu	2/12-3/12	8:00-8:45 p.m.
#2000.149	Tu	3/19-4/16	8:00-8:45 p.m.

BALLET, TAP, & JAZZ 1

An introduction to the basic steps of ballet, tap, and jazz. Students learn basic steps and develop these into a dance routine. There will be a recital on the last day of the 5 week session, after class. **Dance attire:** pastel ballet shoes, tights, and leotards; tap shoes optional.

Instructor: Elizabeth Gonzalez Ages: 3-5 yrs
 Fee: \$40 Length: 5 wks
 Location: WCSB East/West Room Min: 8 Max: 15

#2000.150	Sa	1/12-2/9	11:00-11:45 a.m.
#2000.151	Sa	2/16-3/23*	11:00-11:45 a.m.

*No class on 3/2.

BALLET, TAP, & JAZZ INTERMEDIATE

This class may be taken after participating in 2 sessions of Mrs. Elizabeth's Ballet, Tap, & Jazz 1. Students will continue to learn steps in ballet, tap, and jazz. There will be a recital on the last day of the 5 week session, after class. **Dance attire:** pastel ballet shoes, tap shoes, black leotard and black tights. **There will be a \$15 material fee due to the instructor at the first class.**

Instructor: Elizabeth Gonzalez Ages: 5-8 yrs
 Fee: \$40 Length: 5 wks
 Location: WCSB East/West Room Min: 8 Max: 15

#2000.152	Sa	1/12-2/9	9:00-9:45 a.m.
#2000.153	Sa	2/16-3/23*	9:00-9:45 a.m.

*No class on 3/2.

BALLET, TAP, & JAZZ ADVANCED (Invite Only)

This class is an "invite only" class. Students must be invited to take this class by the instructor. Students will continue to learn steps in ballet, tap, and jazz. There will be a recital on the last day of the 5 week session, after class. **Dance attire:** pastel ballet shoes, tap shoes, black leotard and black tights. **There will be a \$15 material fee due to the instructor at the first class.**

Instructor: Elizabeth Gonzalez Ages: 5-8 yrs
 Fee: \$40 Length: 5 wks
 Location: WCSB East/West Room Min: 8 Max: 15

#2000.154	Sa	1/12-2/9	10:00-11:00 a.m.
#2000.155	Sa	2/16-3/23*	10:00-11:00 a.m.

*No class on 3/2.

HIP HOP TIL' YOU DROP!

Learn the hottest dance moves to the latest Hip Hop music! This class is an introduction to beginning Hip Hop. Students will learn Hip Hop combinations and a complete dance routine. There will be a recital on the last day of the 5 week session, after regular class.

Instructor: Elizabeth Gonzalez Ages: 6-10 yrs
 Fee: \$40 Length: 5 wks
 Location: WCSB East/West Room Min: 8 Max: 15

#2000.156	Sa	1/12-2/9	12:00-12:45 p.m.
#2000.157	Sa	2/16-3/23*	12:00-12:45 p.m.

*No class on 3/2.

City of Westminster



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TEENY TUMBLERS AND DANCERS

Enjoy concentrated time together in activities that are fun for both parents and little cruisers. Early walkers will build important motor skills, balance and coordination as they explore tunnels, slides and ramps. Adult participation is required.

Instructor: Miss Dawna
 Fee: \$54
 Location: Garden Grove Sports & Rec. Center
 Age: 6-24 mths.
 Length: 6 wks
 Min: 8 Max: 20
 #2000.158 Sa 1/12-2/23* 10:40-11:15 a.m.
 *No class on 2/9.

BALLET, TAP, and TUMBLING

Ballet develops physical control, strength, balance and grace. Tap develops a sense of rhythm and timing useful in music study and athletics. Children will have lots of fun learning age-appropriate gymnastic skills including rolling, jumping, position of the day, animal walks and balance beams.

Instructor: Miss Dawna
 Fee: \$54
 Location: Garden Grove Sports & Rec. Center
 Age: 2-5 & 6-12 yrs
 Length: 6 wks
 Min: 10 Max: 20
 #2000.159 Sa 1/12-2/23* 10:00-10:40 a.m. (Age 2-5)
 #2000.160 Sa 1/12-2/23* 8:40-9:20 a.m. (Age 6-12)
 *No class on 2/9.



Music



SESAME STREET MUSIC WORKS

This program is a fantastic program designed for children ages 2-6 and their parents, grandparents, teachers, and caregivers to be involved in music making. Fountain Valley Music is a licensed education center for the Sesame Street Music Works Program. **There will be a \$20 material fee due to the instructor.**

Instructor: FVM Staff
 Fee: \$51 (+ material fee)
 Location: Fountain Valley Music
 Age: 2-5 yrs
 Length: 4 wks
 Min: 5 Max: 10
 #3000.101 W 1/9-1/30 9:00-9:45 a.m.
 #3000.102 F 2/1-2/22 10:00-10:45 a.m.
 #3000.103 Tu 2/5-2/26 1:30-2:15 p.m.

KEYS TO MUSIC – Beginning Piano/Keyboard

Piano is the perfect instrument to start your music career. In addition to playing piano/keyboard, you will play listening games, sing, do rhythm activities and more. You should have a piano/keyboard to play on at home. They are also available at Fountain Valley Music. These classes are fun! **There will be a \$30 material fee due to the instructor which includes a lesson book, note finder, and bag.**

Instructor: FVM Staff
 Fee: \$51 (+ material fee)
 Location: Fountain Valley Music
 Age: 4-Adult
 Length: 4 wks
 Min: 5 Max: 10
 #3000.104 Su 1/6-1/27 11:00-11:45 a.m. (Age 4-5)
 #3000.105 Tu 2/5-2/26 9:00-9:45 a.m. (Age 4-5)
 #3000.106 W 2/6-2/27 1:30-2:15 p.m. (Age 4-5)
 #3000.107 Tu 1/8-1/29 5:45-6:30 p.m. (Age 6-9)
 #3000.108 Tu 2/5-2/26 4:15-5:00 p.m. (Age 6-9)
 #3000.109 Su 2/3-2/24 11:45 a.m.-12:30 p.m. (Age 6-9)
 #3000.110 Su 1/6-1/27 1:15-2:00 p.m. (Age 10-16)
 #3000.111 Sa 2/2-2/23 5:15-6:00 p.m. (Age 10-16)
 #3000.112 Th 1/10-1/31 12:00-12:45 p.m. (Age 16+)
 #3000.113 Th 1/10-1/31 8:15-9:00 p.m. (Age 16+)

GUITARLAND – Beginning Guitar

This course is a basic approach to playing the guitar, for beginners only. Students learn: Basics of reading music, learn rhythm and tempo, and how to tune your guitar. This is a very popular and fun class. **Please bring your own guitar to practice or you may rent one for a nominal cost. There will be a \$20 material fee for book and CD.**

Instructor: FVM Staff Age: 6-Adult
 Fee: \$51 (+ material fee) Length: 4 wks
 Location: Fountain Valley Music Min: 5 Max: 10

#3000.114	Th	1/10-1/31	4:30-5:15 p.m.	(Age 6-9)
#3000.115	Su	1/6-1/27	2:00-2:45 p.m.	(Age 6-9)
#3000.116	Th	1/10-1/31	5:15-6:00 p.m.	(Age 10-15)
#3000.117	Su	1/6-1/27	2:45-3:30 p.m.	(Age 10-15)
#3000.118	Su	1/6-1/27	3:30-4:15 p.m.	(Age 16+)
#3000.119	Sa	2/2-2/23	9:30-10:15 a.m.	(Age 16+)

GOTTO SING!



This is a fun vocal techniques class. All ages are taught proper breathing, posture, and technique. You will learn how to train your voice while learning to sing in a group. **There will be a \$20 material fee due to the instructor.**

Instructor: FVM Staff Age: 6-Adult
 Fee: \$51 (+ material fee) Length: 4 wks
 Location: Fountain Valley Music Min: 5 Max: 10

#3000.120	W	1/9-1/30	5:00-5:45 p.m.	(Age 6-9)
#3000.121	W	1/9-1/30	5:45-6:30 p.m.	(Age 10-15)
#3000.122	W	1/9-1/30	6:30-7:15 p.m.	(Age 16+)

BEGINNING UKULELE

Play Ukulele and have fun! You will work on chords, sing, and learn songs. Perfect for the whole family. You will need to bring your own ukulele. **There will be a \$20 material fee due to the instructor which will include a music book and CD/DVD.**

Instructor: FVM Staff Age: 9-Adult
 Fee: \$51 (+ material fee) Length: 4 wks
 Location: Fountain Valley Music Min: 5 Max: 10

#3000.123	Su	1/6-1/27	12:30-1:15 p.m.	
#3000.124	Su	2/3-2/24	1:15-2:00 p.m.	

MUSIC IS FUN – FOR CHILDREN AND ADULTS OF ALL AGES!

FINALLY. Quality, Year-round, Professional Music Training, on the instrument of your choice, at AFFORDABLE prices! In this introduction to the language of music, students learn how to play (or sing) some of the world's greatest pieces they recognize and love. Students study and make music together as members of a small, exciting, and cohesive "Team", all the while having great FUN! Music exams, recitals, and festivals are offered to all qualified students. Except for pianists and drummers, students must bring their own instrument. For beginners only. **There will be a \$10 material fee due to the instructor at the first class. \$20 material fee due for Voice.**

Instructors: Piano Place Music
 and Arts Center Staff Age: 4-Adult
 Fee: \$59 Length: 6 wks
 (+\$10 material fee; \$20 for Voice)
 Location: Piano Place Music Min: 3 Max: 8
 and Arts Center

PIANO

#3000.125	Sa	1/12-2/16	9:00-9:45 a.m.	(Age 10-17)
#3000.126	Sa	1/12-2/16	2:00-2:45 p.m.	(Age 4-7)
#3000.127	Sa	1/12-2/16	2:45-3:30 p.m.	(Age 7-10)
#3000.128	Sa	1/12-2/16	3:30-4:15 p.m.	(Age 17+)

VIOLIN

#3000.129	Th	1/10-2/14	5:00-5:45 p.m.	(Age 6-12)
#3000.130	Sa	1/12-2/16	4:30-5:15 p.m.	(Age 13+)

GUITAR

#3000.131	Sa	1/12-2/16	10:30-11:15 a.m.	(Age 6-12)
#3000.132	Sa	1/12-2/16	11:30 a.m.-12:15 p.m.	(Age 13+)

VOICE

#3000.133	M	1/7-2/11	4:15-5:00 p.m.	(Age 6-12)
#3000.134	M	1/7-2/11	6:45-7:30 p.m.	(Age 13+)

DRUMS

#3000.135	W	1/9-2/13	5:00-5:45 p.m.	(Age 6-12)
#3000.136	Sa	1/12-2/16	5:15-6:00 p.m.	(Age 13+)

TRUMPET

#3000.137	Sa	1/12-2/16	5:15-6:00 p.m.	(Age 6+)
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UKULELE

#3000.138	Sa	1/12-2/16	12:15-1:00 p.m.	(Age 6+)
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Instructor: Khara Knight	Age: 10+ yrs (Handlers)
Hacienda Hills Dog Obedience Club	6 months+ (Dogs)
	4 months+ (Large breeds)
Fee: \$86 (+material fee)	Length: 8 wks
Location: H. Louis Lake Senior Center	Min: 8 Max: 25
11300 Stanford (between 9 th & Euclid) in Garden Grove	
#4000.107	Sa
	1/26-3/16
	9:30-10:30 a.m.

DOG MANNERS "CRASH COURSE"

How are you and your dog getting along? What about your dog and your neighbors? Accomplish your dog training goals and get behavior problems under control in just 4 weeks! Basic obedience commands and help with correcting various bad habits will be included. For dogs 4 months and older with current vaccinations. Dogs attend all meetings. **Please pre-register so we may brief you prior to first class. \$5 insurance fee payable to instructor at first lesson.**

Instructor: Khara Knight Age: 10+ yrs (Handlers)
 Hacienda Hills Dog Obedience Club 6 months+ (Dogs)
 4 months+ (Large breeds)
 Fee: \$74 (+material fee) Length: 4 wks
 Location: Fountain Valley Recreation Center Min: 6 Max: 20
 #4000.108 Tu 1/15-2/5 6:30-7:45 p.m.

HORSE FUN FOR PRESCHOOLERS

Along with your parent you will learn how to handle horses, groom, saddle, and ride them! Wear closed toed shoes, jean pants and bike helmet! No unregistered siblings! **Parent participation required. There will be a \$20 material fee that includes stable fee, material handouts, carrots and arena time, due to the instructor.**

Instructor: Cheryl Skidmore & Staff Age: 3-6 yrs
 Fee: \$60 (+ material fee) Length: 4 wks
 Location: Rancho Del Rio Stables Min: 5 Max: 15
 #4000.109 Sa 1/19-2/9 1:00-2:00 p.m.
 #4000.110 Sa 2/16-3/9 1:00-2:00 p.m.

HORSE FUN FOR KIDS

So you want to be a cowboy? Learn how to handle horses and ride them! Basic horsemanship, safety and riding are taught! **Please wear closed toed shoes, jean pants and bring a bike helmet! There will be a \$20 material fee which includes stable fee, material handouts, carrots and arena time, will due to the instructor.**

Instructor: Cheryl Skidmore & Staff Age: 7-12 yrs
 Fee: \$60 (+ material fee) Length: 4 wks
 Location: Rancho Del Rio Stables Min: 5 Max: 15
 #4000.111 Sa 1/19-2/9 2:00-3:00 p.m.
 #4000.112 Sa 2/16-3/9 2:00-3:00 p.m.

HORSE FUN FOR ADULTS

Join us for 4 weeks of horse fun! We will teach you how to handle horses through hands on haltering, leading, grooming, saddling, and basic riding! **There will be a \$20 material fee due to the instructor at the first class which includes stable payment, carrots, material handouts etc.**

Instructor: Cheryl Skidmore & Staff Age: 13+ yrs
 Fee: \$60 (+ material fee) Length: 4 wks
 Location: Rancho Del Rio Stables Min: 5 Max: 15
 #4000.113 Sa 1/19-2/9 3:00-4:00 p.m.
 #4000.114 Sa 2/16-3/9 3:00-4:00 p.m.



FUN ON THE FARM

Songs, puppets, real farm animals and pony ride each week to help educate your preschooler! **Parent participation is required. No unregistered siblings. There will be a \$20 material fee due to the instructor at the first class which includes crafts, stable fee, etc.**

Instructor: Cheryl Skidmore & Staff Age: 18 mths-6 yrs
 Fee: \$60 (+ material fee) Length: 4 wks
 Location: Rancho Del Rio Stables Min: 5 Max: 15
 #4000.115 F 1/18-2/8 10:00-11:00 a.m.
 #4000.116 F 2/15-3/8 10:00-11:00 a.m.

BECOME SLENDER WITH HYPNOSIS

Slimming down with hypnosis is easy, safe and comfortable. No diet or deprivation is involved. Instead, use the natural ABILITY of your own mind to change the habits and behaviors that have led to weight problems, and create the SUCCESS and SATISFACTION that make you feel good about yourself and add quality to your life. **An accompanying CD is recommended and available in class for \$13. Pillow/blanket/mat optional. For more information, visit www.hypno-sishelptapes.com**

Instructor: Pamela J. Schmidt, M.S., C.C.H. Age: Adult
 Fee: \$50 (+ material fee) Length: 4 wks
 Location: WCSB Room A/B Min: 8 Max: 20
 #4000.117 M 1/21-2/11 7:30-9:00 p.m.

BECOME A NON-SMOKER WITH HYPNOSIS

For less than the cost of a carton of cigarettes, you can use the natural ABILITY of your own mind to claim your FREEDOM to be a nonsmoker. Save your breath-and your money. Hypnosis is one of the easiest and most comfortable ways to accomplish this SUCCESS. For all of the important reasons, sign up now. **An accompanying CD is recommended and available in class for \$13. Pillow/blanket/mat optional. For more information, visit www.hypnosishelptapes.com**

Instructor: Pamela J. Schmidt, M.S., C.C.H. Age: Adult
 Fee: \$28 (+ material fee) Length: 2 wks
 Location: WCSB Room A/B Min: 8 Max: 20
 #4000.118 M 2/25-3/4 7:30-9:00 p.m.



CPR FOR ADULTS AND CHILDREN (For the Vietnamese Speaker)

This CPR training class is for the Vietnamese speaker and will teach you the basic ways to respond to an unconscious person in an emergency situation while waiting for the ambulance to arrive. By doing CPR, you will be helping to circulate the blood and oxygen of that unconscious person. You will also learn how to be calm and to be confident in what to do in the critical moment to saving a life. Participants will receive their American Red Cross (ARC) or American Heart Association (AHA) pocket certificate card after they complete the class (usually takes about a week or more). **There will be a \$20 material fee due to the instructor at class.**

Instructor: Steve Pham Age: 18+ yrs
 Fee: \$15 (+ material fee) Length: 1 day
 Location: WCSB Room A/B Min: 6 Max: 33
 #4000.119 Sa 1/19/13 10:00 a.m.-2:00 p.m.
 #4000.120 Su 2/17/13 11:00 a.m.-3:00 p.m.
 #4000.121 Su 3/17/13 11:00 a.m.-3:00 p.m.

CPR FOR ADULTS, INFANTS, AND CHILDREN

This class is designed to teach both the average person and professional how to initially respond to cardiac or respiratory arrest. Learn simple rescue CPR for adults, children and infants, as well as, foreign object removal techniques for airways. You will receive your certification upon completion of the class. **A \$20 material fee is payable to the instructor at class.**

Instructor: Jack Griswold Age: 12+ yrs
 Fee: \$10 (+ material fee) Length: 1 day
 Location: WCSB Room A/B Min: 8 Max: 20
 #4000.122 Sa 1/12/13 8:00-11:00 a.m.
 #4000.123 Th 2/7/13 6:00-10:00 p.m.
 #4000.124 Sa 3/9/13 8:00-11:00 a.m.
 #4000.125 Th 3/21/13 6:00-10:00 p.m.

FIRST AID

Learn to respond to and assess an injury or illness. Topics covered include vital signs, bleeding, heat and cold emergencies, strokes, and seizures. You will receive a state and nationally recognized EMS first aid card and certification. **A \$20 material fee is payable to the instructor at class.**

Instructor: Jack Griswold Age: 12+ yrs
 Fee: \$10 (+ material fee) Length: 1 day
 Location: WCSB Room A/B Min: 8 Max: 20
 #4000.126 Sa 1/12/13 11:00 a.m.-2:00 p.m.
 #4000.127 Th 2/21/13 6:00-10:00 p.m.
 #4000.128 Sa 3/9/13 11:00 a.m.-2:00 p.m.

**Parks
Make
Life
Better!** SM

Sports and Fitness

PARENT & ME SOCCER

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills.

Instructor: Kidz Love Soccer Age: 2-3 ½ yrs
Fee: \$71 Length: 7 wks

Location: Fountain Valley Recreation Center (Field) Min: 2 Max: 10

#5000.101 M 1/28-3/18 5:10-5:40 p.m.

*No class on 2/18.

TOT SOCCER

Little tykes will enjoy running and kicking just like the big kids! Encourages large motor skills development through fun soccer games and introduces small children to the group setting. Shin guards are required after the first meeting.

Instructor: Kidz Love Soccer Age: 3 ½ -4 yrs
Fee: \$72 Length: 7 wks

Location: Fountain Valley Recreation Center (Field) Min: 2 Max: 12

#5000.102 M 1/28-3/18* 5:50-6:20 p.m.

*No class on 2/18.

PRE SOCCER

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Shin guards are required after the first meeting.

Instructor: Kidz Love Soccer Age: 4-5 yrs
Fee: \$72 Length: 7 wks

Location: Fountain Valley Recreation Center (Field) Min: 2 Max: 12

#5000.103 M 1/28-3/18* 5:50-6:20 p.m.

*No class on 2/18.

YOGA FOR HEALTH

Work out your stress, develop more balance, and find relief doing Yoga Vinyasa. Yoga is a great form of exercise in that it helps you relax, stretches your muscles, aids in gaining or maintaining balance, helps with flexibility, and is an overall strengthening and relaxing activity. See for yourself why yoga is so helpful for a life of well-being.

Instructor: Athina Rosario Age: 13+ yrs
Fee: \$42/5 weeks Length: 4 or 5 wks

\$35/4 weeks

Location: WCSB Room A/B Min: 5 Max: 30

#5000.104 Tu 1/8-2/5 8:15-9:30 a.m. (5 weeks)

#5000.105 Th 1/10-2/7 8:15-9:30 a.m. (5 weeks)

#5000.106 Tu 2/12-3/12 8:15-9:30 a.m. (5 weeks)

#5000.107 Th 2/21-3/14 8:15-9:30 a.m. (4 weeks)

YOGALATIES

Experience the benefits of both Yoga and Pilates! Lose belly fat and strengthen your core. Through Yoga you will stretch, work on strength, and gain flexibility. Through Pilates you will lose excess fat, especially around your stomach and strengthen your core.

Instructor: Athina Rosario Age: 13+ yrs
Fee: \$42/5 weeks Length: 4 or 5 wks

\$35/4 weeks

Location: WCSB Room A/B Min: 5 Max: 30

#5000.108 Tu 1/8-2/5 9:30-10:30 a.m. (5 weeks)

#5000.109 Th 1/10-2/7 9:30-10:30 a.m. (5 weeks)

#5000.110 Tu 2/12-3/12 9:30-10:30 a.m. (5 weeks)

#5000.111 Th 2/21-3/14 9:30-10:30 a.m. (4 weeks)

TAI CHI CHUAN FOR HEALTH

There are great benefits in doing tai chi, including feeling more rested, having more energy, and gaining balance. Tai Chi Chuan is a therapeutic and easier form of 26 moves that can be done sitting or standing.

Instructor: Athina Rosario Age: 13+ yrs
Fee: \$42/5 weeks Length: 4 or 5 wks

\$35/4 weeks

Location: WCSB Room A/B Min: 5 Max: 30

#5000.112 Tu 1/8-2/5 10:30-11:20 a.m. (5 weeks)

#5000.113 Th 1/10-2/7 10:30-11:20 a.m. (5 weeks)

#5000.114 Tu 2/12-3/12 10:30-11:20 a.m. (5 weeks)

#5000.115 Th 2/21-3/14 10:30-11:20 a.m. (4 weeks)

City of Westminster



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YOGA STRENGTH

Yoga combined with weights makes the perfect balance of a full body workout with stretching, resistance training, balance work, and exercises for relaxation. **Students must bring their own hand weights to class.**

Instructor: Athina Rosario Age: 13+ yrs
Fee: \$42 Length: 5 wks
Location: WCSB Room A/B Min: 5 Max: 30

#5000.116	W	1/9-2/6	8:15-9:30 a.m.
#5000.117	W	2/13-3/13	8:15-9:30 a.m.

PARENT & ME ICE SKATING

What a great opportunity to bond with your child as you both learn to skate in a fun and relaxed atmosphere. One parent and one child per class. Includes skate rental, 30-minute lesson, free practice on the day of class (3:10-4:40 p.m. for Tuesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. **Please arrive 15 minutes early to the 1st class and dress warm.**

Instructor: Westminster Ice Arena Staff Age: 3-5 yrs
Fee: \$37 Length: 4 wks
Location: Westminster ICE Min: 1 Max: 8

#5000.118	Tu	1/8-1/29	4:10-4:40 p.m.
#5000.119	Sa	1/12-2/2	11:15-11:45 a.m.
#5000.120	Tu	2/5-3/5*	4:10-4:40 p.m.
#5000.121	Sa	2/9-3/9*	11:15-11:45 a.m.

*No class on 2/16 and 2/19.

ICE SKATING FOR TOTS

Beginning ice skating made fun and easy. Your skater will have a smile on their face when he/she learns how to march, glide, hop and wiggle backwards on the ice. Includes skate rental, 30-minute lesson, free practice on day of class (3:00-5:00 p.m. for Wednesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. **Please arrive 15 minutes early to the 1st class and dress warm.**

Instructor: Westminster Ice Arena Staff Age: 3-5 yrs
Fee: \$37 Length: 4 wks
Location: Westminster ICE Min: 1 Max: 8

#5000.122	W	1/9-1/30	5:10-5:40 p.m.
#5000.123	Sa	1/12-2/2	10:45-11:15 a.m.
#5000.124	W	2/6-3/6*	5:10-5:40 p.m.
#5000.125	Sa	2/9-3/9*	10:45-11:15 a.m.

*No class on 2/16 and 2/20.

BEGINNING ICE SKATING

Enjoy the Winter Olympics' most beautiful sport - Figure Skating. Learn to skate across the ice forward and backward, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on day of class (3:00-4:30 p.m. for Wednesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. **Please arrive 15 minutes early to the 1st class and dress warm.**

Instructor: Westminster Ice Arena Staff Age: 6-16 yrs
Fee: \$37 Length: 4 wks
Location: Westminster ICE Min: 1 Max: 12

#5000.126	W	1/9-1/30	4:30-5:00 p.m.
#5000.127	Sa	1/12-2/2	11:15-11:45 a.m.
#5000.128	W	2/6-3/6*	4:30-5:00 p.m.
#5000.129	Sa	2/9-3/9*	11:15-11:45 a.m.

*No class on 2/16 and 2/20.

BEGINNING ICE SKATING FOR ADULTS

Learn to skate across the ice forward and backward, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on day of class (6:40-7:10 p.m.) and three additional skating passes to be used during the 4-week session. **Please arrive 15 minutes early to the 1st class and dress warm.**

Instructor: Westminster Ice Arena Staff Age: 17+ yrs
Fee: \$37 Length: 4 wks
Location: Westminster ICE Min: 1 Max: 12

#5000.130	W	1/9-1/30	6:10-6:40 p.m.
#5000.131	W	2/6-3/6*	6:10-6:40 p.m.

*No class on 2/20.

ICE HOCKEY SKATING SKILLS

Want to play hockey but don't know where to start? Learn basic skating skills necessary for hockey including forward and backward skating, stopping, and turning. Pucks and sticks are not used during this class. Includes skate rental, 30-minute lesson, free practice on day of class (3:00-5:00 p.m. for Wednesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. **Please arrive 15 minutes early to the 1st class and dress warm.**

Instructor: Westminster Ice Arena Staff Age: 6-16 yrs
Fee: \$37 Length: 4 wks
Location: Westminster ICE Min: 1 Max: 12

#5000.132	W	1/9-1/30	6:10-6:40 p.m.
#5000.133	Sa	1/12-2/2	10:45-11:15 a.m.
#5000.134	W	2/6-3/6*	6:10-6:40 p.m.
#5000.135	Sa	2/9-3/9*	10:45-11:15 a.m.

*No class on 2/16 and 2/20.

LITTLE STARS TAEKWONDO

Taekwondo will teach the kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty and assertiveness training. Students will also learn basic kicking techniques, basic punches, blocks, basic self-defense and form training. **There will be a \$20 material fee due to the instructor for uniform.**

Instructor: Sungho Park Age: 4-6 yrs
 Fee: \$99 (+material fee) Length: 9 wks
 Location: Fivestar Taekwondo School Min: 1 Max: 20
 #5000.136 M,W 1/7-3/13* 6:00-6:40 p.m.
 #5000.137 Tu,Th 1/8-3/7 6:40-7:20 p.m.
 *No class on 1/21 and 2/18.

TAEKWONDO FOR KIDS

Taekwondo will teach the kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty and assertiveness training. Students will also learn basic kicking techniques, basic punches, blocks, basic self-defense and form training. **There will be a \$20 material fee due to the instructor for uniform.**

Instructor: Sungho Park Age: 7-12 yrs
 Fee: \$99 (+material fee) Length: 9 wks
 Location: Fivestar Taekwondo School Min: 1 Max: 20
 #5000.138 M,W 1/7-3/13* 6:40-7:20 p.m.
 #5000.139 Tu,Th 1/8-3/7 6:00-6:40 p.m.
 *No class on 1/21 and 2/18.

TAEKWONDO FOR TEENS AND ADULTS

The goal of Taekwondo training is not about how to fight, but learning a way of living through building self-defense. Taekwondo's foundation is to improve the inner self through physical, mental and spiritual discipline to achieve the highest form of character. Learn to defend and develop self-confidence right now. **There will be a \$20 material fee due to the instructor for uniform.**

Instructor: Sungho Park Age: 13+ yrs
 Fee: \$99 (+material fee) Length: 9 wks
 Location: Fivestar Taekwondo School Min: 1 Max: 20
 #5000.140 Tu,Th 1/8-3/7 7:30-8:20 p.m.

SHORINJI KEMPO MARTIAL ARTS

for Adults

Shorinji Kempo is a martial art that teaches people to be peaceful, improve their minds, promote good health and is a means of protecting oneself. Rather than always focusing on physical strength, Shorinji Kempo also improves the character of the person through the study of: Japanese language, punches, kicks, escapes, and philosophy. For questions about the class, feel free to email Yukiko.rastogi2@verizon.net or call 714-585-2162 or 949-510-1569. **We are an official 501c3 NON-PROFIT ORGANIZATION (27-3455471) for the betterment of the community.**

Instructor: Pankaj Rastogi Age: 13+ yrs
 Fee: \$35 Length: 1 month
 Location: Carden Conservatory Min: 1 Max: 35
 #5000.141 M,Th 1/7-1/31 7:30-9:00 p.m.
 #5000.142 M,Th 2/4-2/28 7:30-9:00 p.m.
 #5000.143 M,Th 3/4-3/28 7:30-9:00 p.m.

SHORINJI KEMPO MARTIAL ARTS for Kids and Teens

Shorinji Kempo is a martial art that teaches people to be peaceful, improve their minds, promote good health and is a means of protecting oneself. Rather than always focusing on physical strength, Shorinji Kempo also improves the character of the person through the study of: Japanese language, punches, kicks, escapes, and philosophy. For questions about the class, feel free to email Yukiko.rastogi2@verizon.net or call 714-585-2162 or 949-510-1569. **We are an official 501c3 NON-PROFIT ORGANIZATION (27-3455471) for the betterment of the community.**

Instructor: Pankaj Rastogi Age: 5-13 yrs
 Fee: \$35 Length: 1 month
 Location: Carden Conservatory Min: 1 Max: 35
 #5000.144 M,Th 1/7-1/31 6:30-7:30 p.m.
 #5000.145 M,Th 2/4-2/28 6:30-7:30 p.m.
 #5000.146 M,Th 3/4-3/28 6:30-7:30 p.m.

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KIDDIE KARATE

Learn basic techniques and principles emphasizing the three "C's": coordination, confidence, and concentration. Wear loose clothing. Parents should remain outside classroom.

Instructor: Gary Pitts Age: 3-6 yrs
 Fee: \$30 Length: 4 wks
 Location: WCSB East/West Room Min: 6 Max: 28

#5000.147	Th	1/10-1/31	5:00-5:30 p.m.
#5000.148	Th	2/7-2/28	5:00-5:30 p.m.

BEGINNING/ADVANCED KARATE

Continue to learn the art of self-defense. Improve coordination, confidence, respect, discipline, and sportsmanship. Progress from beginner to Black Belt under Masters 2000 Hall of Fame Inductee Gary Pitts in the Japan Federation Style, "Shito-Ryu". Parents should remain outside classroom.

Instructor: Gary Pitts Age: 7+ yrs
 Fee: \$35 Length: 4 wks
 Location: WCSB East/West Room Min: 4 Max: 28

#5000.149	Th	1/10-1/31	5:30-6:00 p.m.
#5000.150	Th	2/7-2/28	5:30-6:00 p.m.

JUDO~JUST FOR KIDS

An introductory class that focuses on the way of Judo by building the child's skills physically, mentally, and spiritually. This pertains to tumbling and falling drills, basic judo techniques and terminology, and learning self discipline. Included in the techniques are Judo throwing and controlling techniques.

Instructor: Tu Nguyen Age: 5-12 yrs
 Fee: \$85 Length: 4 wks
 Location: WCSB Room A/B Min: 3 Max: 15

#5000.151	Tu,W,F	1/8-2/1	6:00-7:30 p.m.
#5000.152	Tu,W,F	2/5-3/1	6:00-7:30 p.m.
#5000.153	Tu,W,F	3/5-3/29	6:00-7:30 p.m.

COMPETITIVE JUDO~ BIG KIDS & ADULTS

This class is designed for all levels to learn the competitive aspects of Judo. This class focuses on training for a competition and the self defense aspects of Judo. Learn how to lose weight, increase your strength, quickness, coordination and flexibility while learning one of Japan's most prominent martial art! This class includes Judo throwing (tachi waza), choking (shime waza), and joint manipulation (kansetsu waza) techniques.

Instructor: Tu Nguyen Age: 13+ yrs
 Fee: \$85 Length: 4 wks
 Location: WCSB Room A/B Min: 3 Max: 15

#5000.154	Tu,W,F	1/8-2/1	7:30-9:00 p.m.
#5000.155	Tu,W,F	2/5-3/1	7:30-9:00 p.m.
#5000.156	Tu,W,F	3/5-3/29	7:30-9:00 p.m.

MUAYTHAI (KICKBOXING)

Intro to Muay Thai will teach basic kick boxing techniques, help improve confidence, create responsibility, quicker reflexes, coordination, and balance. Students will need to bring hand wraps and boxing gloves. Hand wraps and gloves will also be available for purchase.

Instructor: Adrian Bio,
 World Class MMA Boxing Age: 13-17 yrs
 Fee: \$65 Length: 4 Wks
 Location: World Class MMA Boxing Min: 4 Max: 10

#5000.157	M-F	1/7-2/1	5:00-6:00 p.m.
#5000.158	M-F	2/4-3/1	5:00-6:00 p.m.
#5000.159	M-F	3/4-3/29	5:00-6:00 p.m.

INTRO TO JIU JITSU

Intro to Jiu Jitsu will cover basic Jiu Jitsu submissions, sweeps, position and defense. The class will also cover basic judo/wrestling takedown and defense.

Instructor: Junior Perez,
World Class MMA Boxing

Fee: \$55

Location: World Class MMA Boxing

Age: 6-11 yrs

Length: 4 Wks

Min: 4 Max: 10

#5000.160 Tu, Th, F 1/8-2/1 3:30-4:30 p.m.

#5000.161 Tu, Th, F 2/5-3/1 3:30-4:30 p.m.

#5000.162 Tu, Th, F 3/5-3/29 3:30-4:30 p.m.



WCMB CARDIO/WEIGHT MANAGEMENT

This class will teach a combination of MMA techniques, conditioning and strengthening. Each student's progress will be monitored each week with body, weight, and BMI measurements. Everyone will receive an individualized diet. Students will need to bring 12 oz. gloves, 2 pieces of hand wraps, and a diet journal.

Instructor: Amanda Lujan,
World Class MMA Boxing

Fee: \$65

Location: World Class MMA Boxing

Age: 17 + yrs

Length: 4 Wks

Min: 4 Max: 10

#5000.163 M,W,F 1/7-2/1 7:00-8:00 p.m.

#5000.164 M,W,F 2/4-3/1 7:00-8:00 p.m.

#5000.165 M,W,F 3/4-3/29 7:00-8:00 p.m.

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O.C. ELITE CHEER & TUMBLING FOR KIDS AND TEENS!

Join Orange County's National Award winning competitive cheer and tumbling organization! Beginning through advanced levels will learn the correct fundamentals of tumbling, cheerleading, dance, and stunting while increasing flexibility, strength, self-confidence, self-motivation, perseverance, and teamwork skills. Cheerleaders have the opportunity to perform in parades, community events, cheer at local football games, and compete at competitions through the year. If participants decide to join the competitive team, they will be required to purchase uniforms for competitions in October (approximately \$250); however, fundraising opportunities will be available to help defray the cost. **There will be a Friday practices on 1/11, 1/25, 2/8, 3/8, and 3/22 from 5:15-5:55 p.m. for age 3-6 and 6:00-7:30 p.m. for age 7-15. No class on 2/18.**

Instructor: Brooke McComb & Staff

Age: 3-6 yrs & 7-15 yrs

Fee: \$40/\$50 (+ uniform cost)

Length: 4+ wks

Location: WCSB East/West Room

Min/Max: See Below

Age 3-6:

Min: 6 Max: 10

#5000.166 M 1/7-1/28 5:15-5:55 p.m. (\$40 - 6 classes)

#5000.167 M 2/4-2/25 5:15-5:55 p.m. (\$40 - 5 classes)

#5000.168 M 3/4-3/25 5:15-5:55 p.m. (\$40 - 6 classes)

Age 7-15:

Min: 6 Max: 25

#5000.169 M 1/7-1/28 6:00-7:30 p.m. (\$50 - 6 classes)

#5000.170 M 2/4-2/25 6:00-7:30 p.m. (\$50 - 5 classes)

#5000.171 M 3/4-3/25 6:00-7:30 p.m. (\$50 - 6 classes)

GYMNASTICS - PARENT-N-ME

Parents are coaches too! Enjoy participating in your child's motor development and bond while having fun. Activities include balance and basic tumbling development, flexibility and strength skills using our various mats and equipment including low beam, foam pit, mini-bars, tumble-trak and trampoline.

Instructor: New Hope Gymnastics Staff Age: 1 ½ -3 yrs
 Fee: \$115 Length: 8 wks
 Location: New Hope Academy Gymnastics Min: 4 Max: 10

#5000.172	M	1/14-3/4	11:00 a.m.-12:00 p.m.
#5000.173	Tu	1/15-3/5	5:30-6:30 p.m.
#5000.174	Sa	1/19-3/9	11:30 a.m.-12:30 p.m.

GYMNASTICS -INTRO TO PARKOUR

Parkour-street gymnastics-is an EXCITING, FUN gateway to heightened motor development and increased physical, emotional and social confidence. "Free-running" skills (flipping, tumbling, and vaulting) are taught in our state-of-the-art facility using obstacle courses. Strength flexibility leads to overall fitness and translate well to other sports.

Instructor: New Hope Gymnastics Staff Age: 7-14 yrs
 Fee: \$115 Length: 8 wks
 Location: New Hope Academy Gymnastics Min: 4 Max: 8

#5000.175	W	1/16-3/6	7:00-8:00 p.m.
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GYMNASTICS -TOT PLAYTIME

Enjoy an hour of non-instructed fun-bouncing, balancing, rolling, laughing, and bonding with your child. Our safe, stimulated facility provides for consistent playtime regardless of weather. A helpful coach and all equipment are available for your enjoyment including a foam pit and trampolines.

Instructor: New Hope Gymnastics Staff Age: 1 ½ -6 yrs
 Fee: \$55 Length: 8 wks
 Location: New Hope Academy Gymnastics Min: 4 Max: 12

#5000.176	M	1/14-3/4	11:00 a.m.-12:00 p.m.
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GYMNASTICS – PRESCHOOL COED

Our Beginning Gymnastics program promotes physical, emotional and social confidence as well as heightened motor development. Gymnastics skills, flexibility and strength are taught via a variety of fun activities using our various equipment including mats, low beam, foam pit, mini bars, tumble-trak and trampoline.

Instructor: New Hope Gymnastics Staff Age: 3-6 yrs
 Fee: \$115 Length: 8 wks
 Location: New Hope Academy Gymnastics Min: 4 Max: 8

#5000.177	M	1/14-3/4	10:00-11:00 a.m.
#5000.178	Tu	1/15-3/5	6:30-7:30 p.m.
#5000.179	Sa	1/19-3/9	8:30-9:30 a.m.



GYMNASTICS – LEVEL 1 GIRLS and BOYS

Gymnastics is a FUN gateway to heightened motor development and increased physical, emotional and social confidence. Basic gymnastics skills, flexibility and strength-taught using our state-of-the-art equipment including bars, beams, foam pit and trampolines-can lead to higher level training or translate to other sports. For boys, equipment includes bars, pommel, rings, mushroom, foam pit, and trampolines.

Instructor: New Hope Gymnastics Staff Age: 5-12 yrs
 Fee: \$165 Length: 8 wks
 Location: New Hope Academy Gymnastics Min: 4 Max: 10

Level 1 Girls:

#5000.180	F	1/18-3/8	3:30-5:00 p.m.
#5000.181	F	1/18-3/8	5:00-6:30 p.m.
#5000.182	Sa	1/19-3/9	9:00-10:30 a.m.
#5000.183	Sa	1/19-3/9	10:30 a.m.-12:00 p.m.

Level 1 Boys:

#5000.184	M	1/14-3/4	5:00-6:30 p.m.
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Tennis



TINYTOT TENNIS

Introduce your little one to a great sport taught by Becky Recavarren, a member of the United States Professional Tennis Association. Her half hour class focuses on general motor skills development. **A racquet and one unopened can of tennis balls are required.**

Instructor: Becky Recavarren, USPTA Age: 4-6 yrs
 Fee: \$35 Length: 5 wks
 Location: Park West Park Min: 6 Max: 15

#6000.101	Tu	1/8-2/5	4:00-4:30 p.m.
#6000.102	W	1/9-2/6	4:00-4:30 p.m.
#6000.103	Th	1/10-2/7	3:30-4:00 p.m.
#6000.104	Tu	2/19-3/19	4:00-4:30 p.m.
#6000.105	W	2/20-3/20	4:00-4:30 p.m.
#6000.106	Th	2/21-3/21	3:30-4:00 p.m.

BEGINNING JUNIORS

Taught by Becky Recavarren, a member of the United States Professional Tennis Association, your junior tennis star will learn the basics while at the same time develop a lifetime enjoyment for the sport. **A racquet and one unopened can of tennis balls are required.**

Instructor: Becky Recavarren, USPTA Age: 7-15 yrs
 Fee: \$55 Length: 5 wks
 Location: Park West Park Min: 6 Max: 15

#6000.107	Tu	1/8-2/5	4:30-5:30 p.m.
#6000.108	W	1/9-2/6	4:30-5:30 p.m.
#6000.109	Sa	1/12-2/9	8:00-9:00 a.m.
#6000.110	Tu	2/19-3/19	4:30-5:30 p.m.
#6000.111	W	2/20-3/20	4:30-5:30 p.m.
#6000.112	Sa	2/23-3/23	8:00-9:00 a.m.

INTERMEDIATE/ADVANCED JUNIORS

Becky Recavarren, a member of the United States Professional Tennis Association, will guide your developing junior tennis player through this course which covers more advanced strokes and scoring, including drills and actual playing. **A racquet and one unopened can of tennis balls are required.**

Instructor: Becky Recavarren, USPTA Age: 7-15 yrs
 Fee: \$55 Length: 5 wks
 Location: Park West Park Min: 6 Max: 15

#6000.113	Tu	1/8-2/5	5:30-6:30 p.m.
#6000.114	W	1/9-2/6	5:30-6:30 p.m.
#6000.115	Tu	2/19-3/19	5:30-6:30 p.m.
#6000.116	W	2/20-3/20	5:30-6:30 p.m.

BEGINNING/INTERMEDIATE ADULTS

Becky Recavarren has the skills needed to help you begin or resume your adult tennis interest. This course covers strokes and scoring, including drills, serving, forehand, backhand, and volleys. **A racquet and one unopened can of tennis balls are required.**

Instructor: Becky Recavarren, USPTA Age: 16 yrs to Adult
 Fee: \$55 Length: 5 wks
 Location: Park West Park Min: 6 Max: 15

#6000.117	Tu	1/8-2/5	6:30-7:30 p.m.
#6000.118	Sa	1/12-2/9	9:00-10:00 a.m.
#6000.119	Tu	2/19-3/19	6:30-7:30 p.m.
#6000.120	Sa	2/23-3/23	9:00-10:00 a.m.



INTERMEDIATE/ADVANCED JR.

TOURNAMENT PLAY

Instructor permission required for this class. Juniors will play match-play specific games, along with playing matches.

Instructor: Becky Recavarren, USPTA Age: 10-16 yrs
 Fee: \$55 Length: 5 wks
 Location: Park West Park Min: 6 Max: 15

#6000.121*	Th	1/10-2/7	4:00 - 5:15 p.m.
#6000.122*	Th	2/21-3/21	4:00 - 5:15 p.m.

*Instructor Permission Only

Online Courses

Learn from the comfort of home with these instructor-led online courses. You can complete any of these courses at any time of the day or night.

1. To sign up for these online courses visit www.ed2go.com/westminstr
2. Choose the department and course you want and click on **Enroll Now**. Follow the instructions to pay and create your username and password.
3. When the course starts, return to the Online Instruction Center and click the classroom link and login with your Username and Password.

ACCOUNTING FUNDAMENTALS

Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more

Instructor: Charlene Messier Length: 6 wks
 Fee: \$89 Location: Online
 Start Date: 1/16/13

INTRODUCTION TO MICROSOFT EXCEL 2010

Become proficient in using Microsoft Excel 2010 and discover dozens of shortcuts and tricks for setting up fully formatted worksheets quickly and efficiently.

Instructor: Chad Wambolt Length: 6 wks
 Fee: \$89 Location: Online
 Start Date: 1/16/13

MEDICAL TERMINOLOGY:

A WORD ASSOCIATION APPROACH

Prepare for a career in the health services industry by learning medical terminology in a memorable and enjoyable fashion.

Instructor: Douglas Best Length: 6 wks
 Fee: \$89 Location: Online
 Start Date: 1/16/13

CREATING WEB PAGES

Learn the basics of HTML so you can design, create, and post your very own site on the Web.

Instructor: Alan Simpson Length: 6 wks
 Fee: \$89 Location: Online
 Start Date: 1/16/13



A TO Z GRANTWRITING

Learn how to research and develop relationships with potential funding sources, organize grantwriting campaigns, and prepare proposals.

Instructor: Linda Vallejo Length: 6 wks
 Fee: \$89 Location: Online
 Start Date: 1/16/13

MEDICAL CODING

Learn how to use the CPT manual and the ICD-9-CM to find medical codes for any disease, condition, treatment, or surgical procedure.

Instructor: Jennifer Della'Zanna Length: 6 wks
 Fee: \$89 Location: Online
 Start Date: 1/16/13

PROJECT MANAGEMENT FUNDAMENTALS

Gain the skills you'll need to succeed in the fast-growing field of project management.

Instructor: Tony Swaim Length: 6 wks
 Fee: \$89 Location: Online
 Start Date: 1/16/13

GRAMMAR REFRESHER

Gain confidence in your ability to produce clean, grammatically correct documents and speeches.

Instructor: Ellen Feld Length: 6 wks
 Fee: \$89 Location: Online
 Start Date: 1/16/13

*Requirements: All courses require internet access, e-mail, and Microsoft Internet Explorer or Mozilla Firefox Web browser. Some courses may have additional requirements. Please visit the Online Instruction Center for more information. To view more than 300 online courses visit: www.ed2go.com/westminstr

VISUAL, PERFORMING, & CULTURAL ARTS

BLAKEY HISTORICAL PARK & MUSEUM - Call Joy L. Neugebauer at (714) 891-2597. Blakey Park is located at 8612 Westminster Blvd., just east of Newland Street. The museum and park feature a variety of displays depicting the everyday life of persons living here during the late 19th and early 20th centuries. The Westminster Historical Society operates the park, with museum hours on the first Sunday afternoon of the month from 1:00 to 4:00 p.m. For guided tours, special arrangements can be made to accommodate your group. Students of all ages are welcome to do research at the Museum. If you would like to become a member and help preserve our common heritage for future generations, drop by the Museum or call the number listed above.

LAS TAPATIAS FOLKLORIC DANCERS - Call Julia Martinez at (714) 893-2784. Audiences enjoy Las Tapatias' colorful costumes and spirited Mexican dances. All ages participate. Children begin dancing at an early age, but adult performers are also welcome. Las Tapatias rehearses at the Westminster Community Services & Recreation Building, Craft Room on Wednesdays at 7:00 p.m. Call to join the group, attend a performance, or to schedule them to entertain for your event.

VIETNAMESE CULTURAL PROGRAMS - Call Professor Chau Van Nguyen, Program Director, at (714) 531-4907, or (714) 240-0475 (cell). Traditional Vietnamese music, song and dance are performed by multi-talented Vietnamese artists. Musicians who perform on traditional instruments, such as the monostring, two-string fiddle, bamboo flute, and other instruments, are available to entertain along with the colorful drum dancers, dragon dancers, youth, and adult choirs.

WESTMINSTER CHORALE - Call Rainy Smyth at 818-720-4686. The Chorale performs a variety of music that includes patriotic, show tunes, religious, country western, jazz, and operettas. Rehearsals are held weekly on Mondays at 7:00 p.m. in the Senior Center dining room, Civic Center, 8200 Westminster Blvd. Call to find out how you can book this dynamic chorale for your event or ask about performance dates.

WESTMINSTER COMMUNITY THEATER - Call 714-893-8626. The theater is located at 7272 Maple Street. WCT has been entertaining local audiences with live theater for over 30 years. Productions feature fine family entertainment with comedies, musicals, and plays each season. Phone Rhonda for tickets or current show information.

NICHOLSON PIPES & DRUMS - Call Malcolm Willis at (714) 891-9445. This award-winning Scottish bagpipe band marches in parades, plays at a variety of special events, holds annual concerts, takes part in regional and national competitions, and is available for bookings at any private party or public event. New musicians are welcomed into the group and quickly become part of this fantastic band. Just call Malcolm for current information on bookings, rehearsals, lessons, and performances.

ORANGE COUNTY CHILDREN'S THEATER - Call (714) 502-2244. This group of talented young actors, singers, dancers, and their parents has been active in the Southland area for more than 20 years. This theater organization is for children, by children, and is open to all young people ages 5 through 18. Parent involvement is required. Call now to get on their mailing list so you will not miss productions or auditions.

ORANGE COUNTY ROSE SOCIETY - Call Tom Cooney at (949) 362-2710 or visit our website at www.orange-countyrs.org. Join this group of rose lovers and increase your knowledge of growing roses in your garden. The Orange County Rose Society (OCRS) is a group of people who grow and enjoy roses and is dedicated to fostering the enjoyment, enhancement, and education of the rose. OCRS is affiliated with the American Rose Society. OCRS holds monthly meetings on the first Thursday of each month, except for July and August. Monthly meetings include educational presentations on the care of roses. You'll also have access to have your questions answered by American Rose Society certified Consulting Rosarians.

FRIENDS OF THE ROSE CENTER THEATER - The Friends of the Rose Center Theater is a non-profit organization that administratively operates the beautiful, new, 419 seat Rose Center Theater located within the Westminster Rose Center at 14140 All American Way. State-of-the-art performances are held in the theater throughout the year. To contact the Rose Center for information please call Mayor Margie L. Rice at: 714-548-3183 or 714-893-1732. For event and ticket information, please call the theater Box Office at 714-793-1150. www.rosecentertheater.com

Westminster Senior Center

The Westminster Senior Center is a focal point for seniors, offering an array of services and activities. Listed below are the types of services offered. If you desire additional information, please call the Senior Center at (714) 895-2878, Monday – Thursday, 7:30 a.m. – 5:30 p.m., and Fridays 7:30 a.m. – 4:30 p.m., and alternate Fridays 8:00 a.m. – 1:00 p.m.



The Westminster Senior Center offers a variety of services such as:

- Blood Pressure Testing
- Commodities Distribution
- Home Meals
- Information and Referrals
- Free Legal Services
- Westminster on Wheels (WOW) Nutrition & Shuttle Transportation
- Health Screening
- H.I.C.A.P (Health Insurance Counseling and Advocacy Program)

For more information on any of these services, please visit our website at www.westminster-ca.gov, go to City Departments, Community Services, and click on Senior Services, or call the Senior Center at 714-895-2878.

SENIOR FITNESS

Join one of the following FREE weekly exercise classes, designed specifically for older adults.

Adapted Fitness	Monday	10:00 a.m.
Adapted Fitness	Wednesday	10:00 a.m.
Adapted Fitness	Monday & Wednesday	12:30 p.m.
Balance & Mobility	Monday & Wednesday	9:00 a.m.
Longevity Stick	Monday & Thursday	9:00 a.m.
Tai Chi*	Friday	8:30 a.m.

*This Tai Chi class has a small registration fee. Please call 714-895-2878 for more information.

Huntington Beach Adult School Classes

The Following classes are fee-based and require advanced registration through Huntington Beach Adult School. Please call 714-901-8106 ext. 4405 for registration information.

Intro to Dance Aerobics	Monday	1:30 p.m.
Dance Aerobics 2	Thursday	9:00 a.m.
Dance Aerobics 2/3	Thursday	3:00 p.m.
Dance Aerobics 3	Thursday	10:30 a.m.
Dance Aerobics 4	Tuesday & Thursday	12:45 p.m.
Stretch & Flex	Tuesday	9:30 a.m.
Low Impact Aerobics	Tuesday	10:45 a.m.

Adult Public Health Nursing Services (APHNS)

These short seminars are held on Wednesdays at 11:00 a.m. They are free & informative.

January 2	Healthy Eating
February 6	Understanding Cholesterol
March 6	Medication Safety
April 3	Arthritis

Diabetes Education and Support Group (APHNS)

Facilitated by Jane Herin, R.N., certified diabetes educator. The group meets the 3rd Wednesday of each month from 12:30 p.m. to 2:00 p.m. Everyone is welcome to attend. Current topics to be discussed are:

January 16	Diabetes and Exercise
February 20	Diabetes and Risk of Stroke and Heart Attack
March 20	High and Low Blood Glucose
April 17	Cholesterol and Connection with Diabetes

Life Story Writing

Join this Life Story Writing group to get ideas, stimulation and inspiration from each other as we share our stories. Using cartoons, articles, proverbs, poems and historic news events will help us remember own life experiences in discussion and writing. ALL NEW TOPICS. Old and new members are welcome. Meetings will start in March. NO CHARGE. Call Nancy at 714-832-2888 for more information. Facilitator: Nancy Sink, MSG

Programs and Classes

DAILY DINING

Try our hot meals offered Monday through Friday in our Senior Center Dining Room. If you are 60 years or older (or married to someone who is), the suggested donation is only \$3.00 for the hot lunch. No reservation is necessary, but come early to assure a place! Serving time is 11:45 a.m. Monday-Thursday, and 11:30 a.m. on Fridays. Pick up a "Senior Spotlight" for only 50 cents at the Senior Center for the month's menu, which is also on the city's website.

SAFETY DRIVING PROGRAM

This AARP sponsored refresher course for drivers is taught by a trained instructor. Class meets for 8 hours over a 2-day period, from 8:30 a.m. to 12:30 p.m.. **The fee is \$12 per person if you are a member of AARP and \$14 per person if you are not a member.** Registration is required. Please make checks payable to AARP. Classes will be held on the following dates:

February 7 and 8

April 25 and 26

We Offer Many More Senior Programs & Classes Such As:

- Crocheting and Knitting
- Balance & Mobility
- Bridge Club
- Mah Jongg
- Longevity Stick
- Dinner Group
- Chess Club
- Sudoku

For more information on any of these programs, please visit our website at www.westminster-ca.gov, go to City Departments, Community Services, and click on Senior Services, or call the Senior Center at 714-895-2878.

City of Westminster



FREE MOVIE FRIDAYS!

Every Friday at 9:15 a.m. a movie is shown. There is no charge for the screening. The "Senior Spotlight" lists the movies monthly.

WESTMINSTER SENIOR CENTER FOUNDATION

The Westminster Senior Center Foundation (WSCF) was incorporated in December 2002. The Foundation's mission is "To engage in charitable activities and to assist (both financially and otherwise) the Westminster Senior Center and its programs."



TRIPS AND EXCURSIONS

Call the Senior Center or stop by for specific trip details. Day trips and overnight trips are offered. Note: Prices on all excursions are approximate and may vary. Trips fill quickly. Sign up early at the Reception Desk to reserve your spot.

The following excursions are being planned for your enjoyment:

Harrah's Casino	January 17	\$15 p/p
Diana-Legacy of a Princess	January 23	\$71 p/p includes lunch
Barona Indian Casino	February 6	\$15 p/p
Taste of L.A. Tour	February 19	\$81 p/p
Valley View Casino	February 21	\$33 p/p
Pala Indian Casino	March 5	\$19 p/p
Laughlin Riverside	March 20-22	\$99/double \$119/single
Descanso Gardens + Norton Simon Museum	March 27	\$64 p/p includes lunch
Pechanga Indian Casino	April 9	\$33 p/p
USS Midway	April 24	\$65 p/p includes lunch

VOLUNTEERS ARE NEEDED!

If you are interested in volunteering, please call Claire Hutchinson at (714)-895-2878.



Orange County Fire Authority responds to a cooking fire every 3 days making it one of the leading causes of home fire. Below are some safety tips to help you prevent a cooking fire.

Cooking Fire Safety

Stay in the kitchen while cooking on the stove.

Unattended cooking is the leading cause of home fires.

Keep objects that can catch fire away from cooking surfaces.

Pot holders, paper towels, loose clothing, and other flammable items can easily catch fire when the stove is in use or accidentally turned on.

Keep the stovetop, burners, and oven clean.

Spilled oil, splattered grease, or food debris can catch fire while the stove or oven is being used or during the oven's self-cleaning cycle.

Always check the oven to make sure it's empty before turning it on.

Use the oven for cooking only, not for storage.

Always have the lid or a fire extinguisher nearby when cooking.

If a fire occurs, cover the pan with the lid to smother the fire or use the fire extinguisher. Never attempt to move the pan, and never pour water on an oil/grease fire.

When in doubt, just get out.

Evacuate immediately if a cooking fire is large or spreading quickly.

Fire Extinguishers

Multipurpose dry chemical fire extinguishers are recommended for home use.

Multipurpose extinguishers can be used on Class A, Class B, and Class C fires.

Class A – ordinary combustibles (wood, paper, plastic, etc.)

Class B – flammable liquids and gasses (gasoline, paint, butane, etc.)

Class C – energized electrical equipment (appliances, motors, etc.)

Remember the PASS method:

P – Pull the pin

A – Aim at the base of the fire

S – Squeeze the handle

S – Sweep from side to side across the base of the fire

Use a fire extinguisher only if:

You have alerted other occupants and someone has called 911

The fire is small and contained

You are safe from toxic smoke

You have a means of escape



RADIO AMATEUR CIVIL EMERGENCY SERVICE



RACES are Public-safety volunteers which are licensed Amateur Radio Operators that are trained to assist local government during time of emergency and disaster or for routine events and activities. They are trained and certified to provide public-safety communications support.

Westminster RACES are looking for licensed Ham Radio Operators to perform vital volunteer communications during Westminster Community Events and Disaster or Emergency Incidents.

If you are interested in becoming a member of the City of Westminster RACES, please contact RACES Radio Officer Chi Nguyen, KE6MVS (714) 869-1441 e-mail;

chinguyen@yahoo.com or RACES Assistant Radio Officer Adam Valek, N6HVC (714) 892-5961 for further information.



WATER CUSTOMER SERVICE

For water billing, charges, turn-on or turn-off services call (714) 894-3796.

For water main breaks, leaks, quality, or pressure problems call (714) 895-2876, 6:30 a.m. to 5 p.m.

After business hours water emergencies call the Westminster Police Department (714) 898-3315.

Water Conservation Ordinance

Water Conservation Ordinance No. 2449 adopted in May 2009 outlines the permanent water restrictions below.

- No outdoor watering between the hours:
9 a.m. – 5 p.m. October - May
8 a.m. – 6 p.m. June – September
- Water no longer than 15 minutes per irrigation station per day
- No excessive water run-off
- No washing down hard or paved surfaces
- Fix water leaks within 7 days
- Decorative water features must use re-circulating water
- When washing vehicles must use self-closing positive shut-off nozzle on garden hose
- Restaurants are required to serve water upon request only
- Hotels and motels are required to provide guests option to decline daily linen service
- Commercial car washes and laundries are required to use re-circulating water systems
- Restaurants are required to use water conserving pre-rinse spray valves

The Water Division is available to help you save water at home and at work. Call 714 548-3690 to schedule a water audit. Check out <http://www.mwdoc.com/services/conservation-resources> to get information about resources and the current rebates being offered.



California Friendly Landscape and Gardening Classes Online

Discover the latest ways to reduce water use in landscapes by taking free classes on line. Classes cover the basics of irrigation systems, watering and fertilizing, basic landscape design, and plant identification. To get started visit www.bewaterwise.com and click on the Classes tab.

Daily Water Saving Tips

Indoor

Turn off your faucet while brushing your teeth or shaving (saves 6 – 12 gallons)

Fix faucet leaks (saves 20 gallons)

Wash only full loads in dishwasher and clothes washer (saves 15 – 30 gallons)

Install a low flow showerhead and cut shower time by 2 minutes (saves 15 gallons)

Outdoor

Try reducing outdoor watering times by one minute
Use a pool cover for swimming pools to reduce evaporation (saves 30 gallons)

Put a layer of mulch around trees and plants (saves 750 gallons per month)

Set your lawn mower blades one notch higher (save 500 gallons per month)

Water Conservation Garden

Visit Westminster's Water Conservation Garden at 6312 California Ave. Over 20 species of drought tolerant California friendly and native plants, trees, and turf are on display. Local nurseries were used to provide plants and signs are posted to identify the species and costs. Hardscape materials were donated by local vendors and offer a beautiful alternative to turf.

It's easy and inexpensive to create a beautiful low-water garden of your own!

Check out www.westminster-ca.gov/public_works/water_division/water_conservation_garden.asp



Conservation Garden for details

(http://www.westminster-ca.gov/depts/pw/water/water_conservation_garden.asp)

Or Scan the QR code with your Smartphone for more details:



Support your City

**Shop Local
Shop Westminster—
It makes Sense!**

Every time you shop in Westminster, one cent of every dollar you spend goes straight to your city's public services including your Police Department! Why spend your dollars anywhere else?



1. **Protect Local Character and Prosperity**—Westminster is unlike any other city in the world. By choosing to support locally owned businesses, you help maintain Westminster's diversity and authenticity.
2. **Community Well-Being**—Locally owned businesses build strong neighborhoods by sustaining communities, linking neighbors, and by contributing more to local causes.
3. **Local Decision Making**—Local ownership means that important decisions are made locally by people who live in the community and who will feel the impacts of those decisions.
4. **Keeping Dollars in the Local Economy**—Your dollars spent in locally-owned businesses have three times the impact on your community as dollars spent at national chains. When shopping locally, you simultaneously create jobs, fund more city services through sales tax, invest in neighborhood improvement and promote community development.
5. **Entrepreneurship**—Entrepreneurship fuels Westminster's economic innovation and prosperity, and serves as a key means to upward mobility. Locally owned businesses also create more jobs locally and, provide better wages.

Next time you buy a car, a television, or bag of groceries, make sure you do it in Westminster.

WESTMINSTER NURSERY SCHOOL

CLASS PROGRAMS

2 Day Preschool - Child must be 3 yrs. by November 1

Tues/Thurs, 9am to noon

New Member Registration: \$80.00

Monthly: \$90.00

3 Day Preschool - Child must be 4 yrs. by November 1

Mon/Wed/Fri, 9am to noon

New Member Registration: \$80.00

Monthly: \$130.00

Parent and Me - Child must be 2 yrs.

Thurs, 12:30 to 1:30pm

Registration: \$25.00

Monthly: \$20.00

Bolsa Chica Park (Next to the playground)

13660 University Street

Westminster, CA 92683

(714) 893-7979

www.westminsternurseryschool.com

This co-op preschool, which relies on parents to participate in the operations and classroom, offers age appropriate development an excellent adult to child ratio of 1 to 5, and is based on monthly themes and concepts, such as the seasons, holidays, colors, shapes, family and friends, science, and the senses. Focus is on interactive learning through play with a variety of hands-on multi-sensory activities that encourage self-expression, friendship, respectfulness and self-confidence.





Adoption Workshop



Have you recently adopted? Having adoption issues?



If so, join us for our **FREE** adoption workshop which will include some of the following topics:

- Talking to your children about adoption
- Blended Families
- Reasons for misbehavior of difficult children
- Anger Outbursts
- Sexualized Behavior
- Lying
- Running Away
- Sleep Disorders
- Teenage Substance Abuse

Free lunch! AND Free child care!

**For more information and/or to register please call:
(714) 903 - 1331.**

Date:
Saturday, January 19, 2013

Time:
9:00am—3:30pm

Location:
Westminster Family Resource Center
At Sigler Park
7200 Plaza Street
Westminster, CA 92683

INTRODUCING

NEW ON-LINE (WEB) PAYMENT OPTION

The payment option that many customers have been asking for is now available with the City of Westminster Water Department. We are excited to announce that the on-line payment option is ready and available through our website at www.westminster-ca.gov. Customers now have the option of paying either on-line or by automated phone.

The on-line payment system powered by Paymentus will accept Credit Cards (Master Card, VISA & Discover), Debit Cards and Electronic Checks (E-Checks- you will need your bank routing number and account number from either your checking or savings account).

All customers are invited to use the new payment option by logging onto the City website www.westminster-ca.gov and clicking the "Pay your Water Bill Online" link. You will be asked to enroll in the on-line payment system prior to logging in by clicking on the "Sign up Now" link in the Customer Dashboard. Click on "Add an Account" and add your utility account number.

You will need to have your utility account number and customer number to access the account information and make your payment. Next, click on the "Make a Payment" tab to make your payment.

If you have any questions or need assistance contact the Water Department at 714-898-3311 extension 4800.

There is also an automated telephone payment service at 1-855-288-5234, which will guide you through the payment process.

We are pleased to bring this new and exciting feature to our valued customers. No more standing in line to make your payment. We hope you will take advantage of this quick and easy payment option.

NEW
ON-LINE
PAYMENT
CENTER



Log on to
www.westminster-ca.gov
You can now use your credit
card to make a payment
towards your Water account

WESTMINSTER BRANCH LIBRARY

8180 13th Street, Westminster, CA 92683
(714) 893-5057

HOURS:

Monday through Thursday 10:00 a.m. to 9:00 p.m.

Friday and Saturday 10:00 a.m. to 5:00 p.m.

SUNDAY 12:00 noon to 5:00 p.m.

Children's Programs

Children and parents are invited to join us for weekly storytimes! Our programs include: Preschool Storytime every Wednesday at 10:30 am, Toddler Storytime every Wednesday at 11:00 am, and Family Storytime every Saturday at 10:30 am. Storytimes give children and families an opportunity to enjoy stories, crafts, and activities, while helping to instill within your child, a love of books and of reading! Older children (9-12 yrs.) who love to read will love our Kids Book Club! Kids get to talk about the books they read and share in related activities. It's held the second Wednesday of the month, at 3:30 pm. Our monthly craft program is offered the second Thursday of the month, at 3:30 pm. Be sure to check our online calendar at www.ocpl.org, or call the library at, 714-893-5057 for more information about all of our programs.



Teen Programs

Come to the Westminster Public Library and help us celebrate Teen Tech Week, March 10-16! This year's theme is, [Get Connected @ your library](#). Contact the library for more information about Teen Tech Week events. Teens are invited to join our Teen Advisory Board, which meets the first Wednesday of the month at 4:00 pm. TAB members can earn volunteer hours while making a real difference at their library. They helping to make decisions about teen services offered at the library including, programs, teen books selected, and more. Teens that are interested in earning volunteer hours by joining the VolunTEEN Program should pick up an application at the information desk. All programs are open to teens ages 12-18.

Adult Programs

The Westminster Public Library is offering free Beginner's Computer Classes. The classes are designed for people with little to no, computer experience. Please call or stop by the Information Desk to register. While you're there, why not join our monthly Book Club for adults? The club meets the third Tuesday of every month at 10:30 am; contact the Library for the monthly selection. Be sure to check our online calendar at www.ocpl.org, or call the library at, 714-893-5057 for more information about all our programs.



City of Westminster



JOIN US ON
facebook

Westminster Friends of the Library Used Book Store

The Westminster Friends of the Library Bookstore is open Monday, Wednesday, Friday & Saturday from 10-4 (or 5 pm) and Tuesday and Thursday from 12 to 5 pm. The Friends accept any and all donations, including books, magazines, DVDs, CDs, and videos or anything else which may sell to benefit the Library—just as us! Our phone number is (714) 898-4245. We are always looking for volunteers, so stop by and visit with us—you might like what you see! All our proceeds go towards benefiting the Library—purchasing new books, children's, teen and adult educational programming and many other items.

Library

www.westminster-ca.gov

35

Registration begins November 26

There are 3 easy ways to register for classes . . .

ON-LINE

On-line registration is just a click away...

Please visit
www.activenet.active.com/westminster

You will need to pay by credit card to register on-line.

MAIL-IN

Mail completed form & payment to:

Westminster Community Services
& Recreation Department
8200 Westminster Blvd.
Westminster, CA 92683

Make checks payable to:
City of Westminster

WALK-IN

Visit us...

Westminster Community
Services & Recreation
Department at 8200
Westminster Blvd.

7:30 a.m. – 5:30 p.m.
Monday – Thursday
7:30 a.m. – 4:30 p.m.
Alternate Fridays

General Information & Refund Policy

- x No registration taken at classes.
- x Refunds will be issued approximately 4 weeks following the request.
- x Refunds must be requested before the end of the 2nd class meeting.
- x Activities canceled by the department will be given automatic refunds.
- x Please note: Due to the nature of the activities, there are no refunds on excursions, youth sports and aquatics.

SATISFACTION GUARANTEED

The City of Westminster Community Services and Recreation Department is continually striving to provide the highest quality recreation activities, events and programs, and offers a money back guarantee on all our classes.

If you are not completely satisfied, before the end of the 2nd class meeting, tell us and we will arrange for you to:

- x Repeat the class at no charge, -or-
- x Transfer to a different class, -or-
- x Receive a full refund

Applications for refunds may be made in person, by calling (714) 895-2860, or in writing. Your suggestions and comments are appreciated; they will help us do the best job possible.



Community Services and Recreation Department Registration Information

Registration Form

City of Westminster Community Services & Recreation Department

All information is required. Please Print.

Parent/Adult Name: First _____ Last _____

Address _____ Birth _____

City/State/Zip _____ Date _____

Phone () _____

Cell _____

Email address _____ Phone () _____

Name of Participant: First	Last	Birth Date	Sex	Activity Number	Name of Activity	Fee
TOTAL FEES						

Do any of the listed participants have any special needs, limitations, and/or allergies? Yes ☐ No ☐

If yes, please explain: _____

Liability and Publicity Release

For and in consideration of permitting _____ to enroll in and participate in the recreational program entitled, _____ sponsored by the City of Westminster, Department of Community Services, the Undersigned hereby voluntarily releases, discharges, waives and relinquishes any and all actions or causes of action for personal injury, property damage or wrongful death occurring to him/herself arising as a result of participation in said recreational program or any activities incidental thereto wherever or however the same may occur and for whatever period said program may continue, and the Undersigned does for him/herself, his/her heirs, executors, administrators and assigns hereby release, waive, discharge and relinquish any action or cause of action, which may hereafter arise for him/herself and for his/her estate, and agrees that under no circumstances will he/she or his/her heirs, executors, administrators and assigns prosecute or present any claim for personal injury, property damage or wrongful death against the City of Westminster and its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees for any of said causes of action, whether the same shall arise by the negligence of any of said persons, or otherwise.

IT IS THE INTENTION OF _____ BY THIS INSTRUMENT, TO EXEMPT AND RELIEVE THE CITY OF WESTMINSTER AND THE RELATED PARTIES MENTIONED HEREIN, FROM ALL LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH CAUSED BY THE NEGLIGENCE OF ANY PERSON OR ENTITY.

The Undersigned, for him/herself, his/her heirs, executors, administrators or assigns agrees that in the event any claim for personal injuries, property damage or wrongful death shall be prosecuted against the City of Westminster and/or its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees, he/she shall defend, indemnify and save harmless the same City of Westminster and the aforementioned related parties from any claim, cause of action, loss, liability, damage, lawsuit, cost or expense (including reasonable attorney's fees) by whomever or wherever made or presented for said personal injuries, property damage or wrongful death.

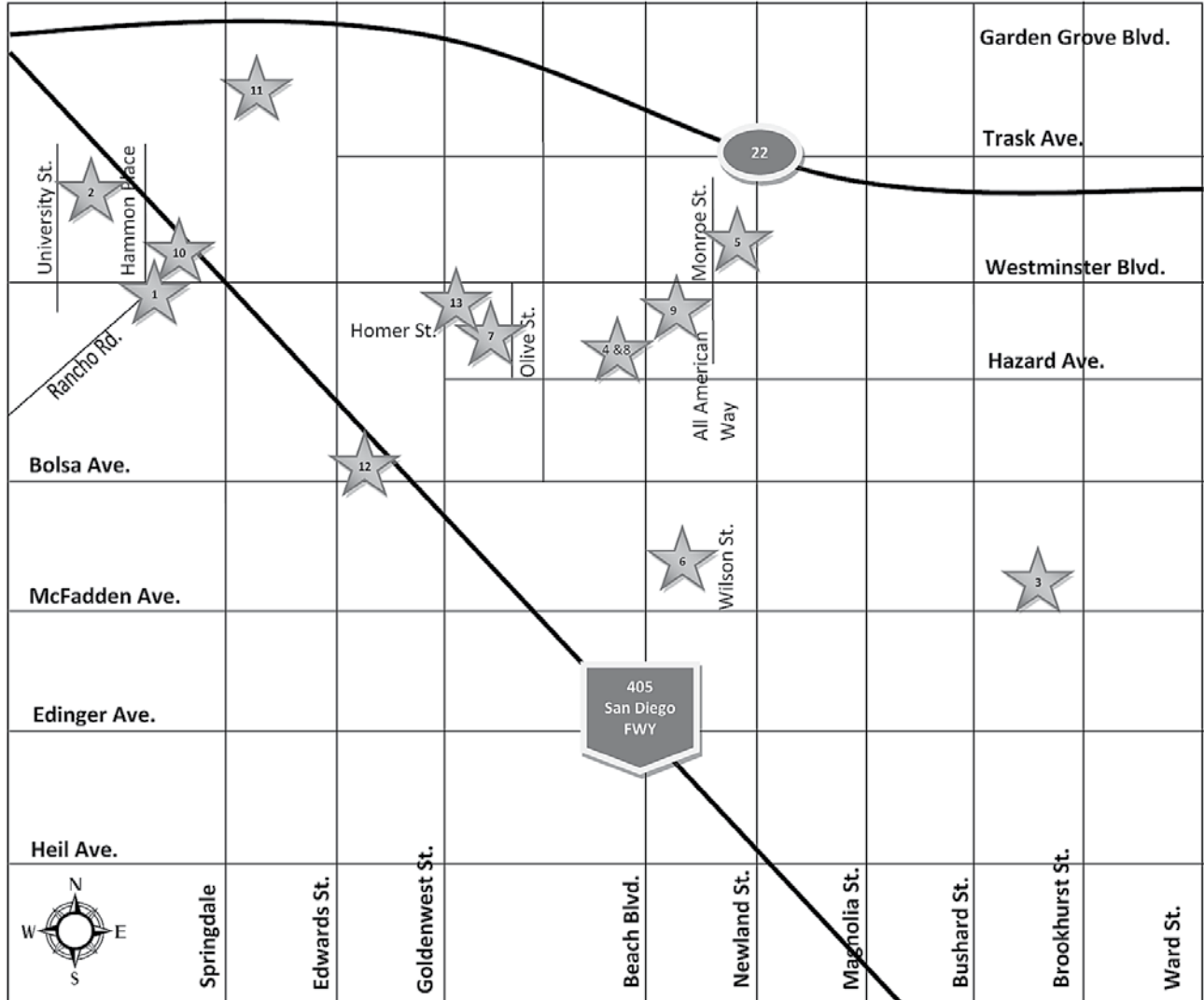
In case of accident or other emergency, the Undersigned hereby gives permission for the City of Westminster and/or its officers, officials, agents, contractors, volunteers, servants or employees, to obtain emergency medical treatment. The Undersigned further agrees to pay any costs incurred as a result of such treatment.

In addition, the Undersigned has been notified that participants involved in City-sponsored community service programs are subject to being photographed or videotaped, and he/she hereby gives permission for the City of Westminster to use such photographs or videotapes on City Department websites and to publicize and promote the City's programs.

The Undersigned acknowledges that he/she has personally read, understands, and voluntarily signs this release and waiver of all liability and indemnity agreement, is fully aware of the potential risks and hazards which are inherently involved in the specified community service program, and in any of the activities, appointments, meetings, or workshops incidental thereto, including but not limited to, any negligent acts performed by the City of Westminster and/or its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees, negligently created or maintained dangerous conditions of public property, weather conditions, equipment, machinery, playing conditions, other participants, on-site physical premises, structures or substantial works of improvement. The Undersigned voluntarily assumes all risks of loss, damage, or injury associated with his/her participation in the specified recreational program or any activities incidental thereto.

Signature _____ Date _____

Parks & Recreation Facilities Legend



1. American Tiger Martial Arts & Fitness
 2. Bolsa Chica Park
 3. Elden F. Gillespie Park
 4. Intensity Services (Same as #8)
 5. Liberty Park
 6. Park West Park
 7. Sigler Park
 8. The Piano Place Music and Arts Center
 9. WCSB (Westminister Services & Rec. Building)
 10. Wespac Dance Center
 11. Westminister ICE
 12. Westminister Mall
 13. World Class MMA Boxing
- 5849 Westminister Blvd. *MAP IS NOT TO SCALE
 13660 University St.
 9801 McFadden Ave.
 14441 Beach Blvd. #200 (877)769-6369
 13900 Monroe St.
 8301 McFadden Ave.
 7200 Plaza St.
 14441 Beach Blvd. #100 (714)899-4823
 8200 Westminister Blvd. (714)895-2860
 5915 Westminister Blvd. (714)893-2623
 13071 Springdale (714)518-3212
 1025 Westminister Mall
 14042 Locust St. (714)892-3355
 5702 Clark Drive, Huntington Beach (949) 510-1569
 18411 Gothard St. Unit 1, Huntington Beach
 8322 Garden Grove Blvd., Garden Grove
 8740 Warner Ave., Fountain Valley (714)963-2010
 16400 Brookhurst St., Fountain Valley
 17967 Bushard St., Fountain Valley (714) 839-8611
 11300 Stanford Ave., Garden Grove
 13641 Deodara, Garden Grove (714)741-5200
 11300 Stanford, Garden Grove (714)897-7099
 17270 New Hope St., Fountain Valley (714)556-8050
 1370 So. Sanderson, Anaheim
 7800 Katella Ave., Stanton (714)379-9222
 5372 Cerulean, Garden Grove

Hold your next event at:
Westminister Community Services & Recreation Building

*Wedding Receptions
 *Meetings
 *Birthdays
 and other special events

8200 Westminister Blvd.
Please call 714.895.2860
For more information or visit
www.westminister-ca.gov

Warm Up Your Winter **Register Online Now**

Register Online for Winter Programs

- Art
- Dance
- Ice Skating
- Ice Hockey
- Music
- Online Driver's Education
- Zumba
- and so much more!

Benefits of Online Registration



Convenient



Time-Saving



Easy



Eco-Friendly

Check out our website for more information on these upcoming Winter Activities

- Tree Lighting Ceremony
- Breakfast with Santa
- Holiday Home Decorating Display
- Rose Parade Outing

**Register
NOW**



City of Westminster
Community Services & Recreation Department



Register Online

The Westminster Family Resource Center offers the following Services for **FREE!**

- ♦ Family Advocacy
- ♦ Personal Empowerment Program
- ♦ Domestic Violence Counseling
- ♦ Information & Referral
- ♦ Parent Education Workshops
- ♦ Adoption Promotion & Support
- ♦ Family Reunification Services
- ♦ Dental Services*
- ♦ Emergency Food Program*
- ♦ Emergency Assistance Program* (Hygiene Kit, Diapers, Food)
- ♦ After School Enrichment Programs
- ♦ Case Management Services
- ♦ Individual and Family Counseling

Services are offered in English, Spanish, and Vietnamese!



The Westminster Family Resource Center is a community collaborative:



Trung Tâm Trợ Giúp Gia Đình Westminster phục vụ **MIỄN PHÍ** những dịch vụ sau đây:

- ♦ Bệnh Vực Gia Đình
- ♦ Chương Trình Đào Tạo Khả Năng Cá Nhân
- ♦ Cố vấn về bạo hành trong gia đình
- ♦ Thông tin và giới thiệu
- ♦ Hội thảo dành cho phụ huynh
- ♦ Khuyến khích & hỗ trợ dịch vụ nhận con nuôi
- ♦ Dịch vụ đoàn tụ gia đình
- ♦ Dịch vụ nha khoa *
- ♦ Chương trình trợ cấp thực phẩm khẩn cấp*
- ♦ Chương trình trợ giúp khẩn cấp *
- ♦ Chương trình sau giờ học
- ♦ Dịch vụ phụ trách các vấn đề
- ♦ Dịch vụ cố vấn cá nhân và gia đình



Office Hours: Monday– Friday, 8:00 am-5:00 pm
***Closed for Lunch: 12:00 -1:00pm**

Location: Sigler Park, 7200 Plaza St.
Westminster, CA 92683

Phone: (714) 903-1331

El Centro de Recursos Familiares de Westminster ofrece los siguientes servicios
¡GRATIS!

- ♦ Representación Familiar
- ♦ Programa de Superación Personal
- ♦ Consejería en Violencia Doméstica
- ♦ Información y Referencias
- ♦ Talleres de Educación para Padres de Familia
- ♦ Promoción y Apoyo para Adopciones
- ♦ Servicios para Reunificación de Familias
- ♦ Servicios Dentales *
- ♦ Programa para recibir Alimentos*
- ♦ Programa de Asistencia de Emergencias* (pañales, comida, higiene)
- ♦ Programas para Después de Escuela
- ♦ Servicios de Administración de Casos
- ♦ Consejería Individual y para Familias

* While funding is available. Please call for more information.

* Mientras fondos están disponibles. Llame para más información.

* khi còn ngân quỹ Để biết thêm chi tiết xin vui lòng liên lạc trung tâm.

Programs and services at the Westminster Family Resource Center are funded in part through Families and Communities Together (FaCT). FaCT receives funding from federal, state, and county agencies including U.S. Department of Health and Human Services -Promoting Safe and Stable Families, Office of Child Abuse Prevention, California Emergency Management Agency, County of Orange and the Children and Families Commission of Orange County, as well as volunteer, in-kind support and private donations. FaCT is administered by the County of Orange Social Services Agency and Orangewood Children's Foundation.